

MMRACE

Mid-Maine
Regional Adult
Community
Education

Serving Waterville, Oakland, Sidney, Belgrade, China, and Rome

Come Learn With Us!



SPRING 2025 COURSE CATALOG

MID-MAINE REGIONAL ADULT COMMUNITY EDUCATION

Phone: (207) 873-5754

Email: adulted@watervillek12.org

Website: www.midmaine.maineadulted.org

Spring Semester Start

January 2025

Spring Semester End

May 2025

A semesterly guide to Adult Learning in the Greater Waterville Area

A young man with glasses, wearing a black graduation cap and gown, is marching during a ceremony. He is looking towards the camera with a slight smile. The background is a blurred outdoor setting with green foliage and a brick building.

Table of Contents

02 About MMRACE

04 Letter from Learner

05 Faculty & Staff Information

06 Programs Overview

07 Learner Supports

08 High School Completion

10 Literacy & Language

12 College, Career & Workforce

14 Community Enrichment

29 General Information

30 Course Index/Registration Form

Welcome

Mid-Maine Regional Adult Community Education

Welcome to Mid-Maine Regional Adult Community Education — where things happen, your world gets bigger, you learn new skills, and have fun!



Hannah Bard, Director of MMRACE, pictured with Mayor Michael Morris, receiving the AEFL Week Proclamation (Sept. 2024)

Our staff have curated a diverse array of classes for you this spring. From college planning and workforce preparation to technology, music, language, and beyond, our course offerings reflect the diversity of interests and skills within our community. What makes our program truly special is that our classes are not just for our community; they are taught by our community.

We believe in the profound impact that a sense of belonging can have on individuals, fostering not only personal growth but also a stronger, more resilient community. At Mid-Maine Regional Adult Community Education, we strive to be catalysts for bringing people together.

As you peruse our course catalog, we hope you'll discover a class that beckons you to sign up and try something new. It's not just the kids going back to school this spring!

Hannah Bard
Director of Adult Education



“Open the door and join the more than one thousand adults in the Waterville area who attend classes each term.”

Leonard McInnis, Director of Waterville Adult Education 1969-1977

CELEBRATING

ANNIVERSARY

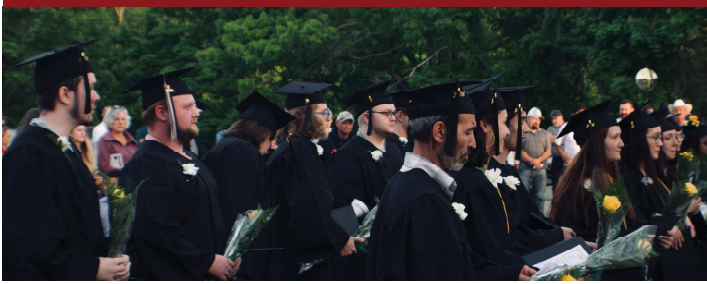
OF BEING A REGIONAL ADULT
EDUCATION PROGRAM

MMRACE is one of Maine's 60+ Adult Education centers. Located in Northern Kennebec County in the city of Waterville, MMRACE serves over 1,200 learners every year. For general inquires, email adulted@watervillek12.org.

MMRACE Waterville Office Academics and Enrichment
Phone: (207) 873-5754 | Fax: (207) 873-7052
Office Hours: Mon-Thu, 8:00am-4:00pm, Fri by appointment
Evening Hours: Mon-Thu, 5:00-8:30pm
Location: 01 Brooklyn Ave. Waterville, ME 04901 (Shared campus with the Waterville High School)

MMRACE Messalonskee Office Enrichment Only
Phone: (207) 465-9134 | Fax: (207) 465-9151
Evening Hours: Mon-Thu, 5:00-9:00pm
Location: 131 Messalonskee High Dr. Oakland, ME 04963 (Shared campus with the Messalonskee High School)

ABOUT MMRACE



Mid-Maine Regional Adult Community Education (MMRACE) is a public adult education program serving the Waterville, Oakland, Belgrade, China, Rome, and Sidney communities for over 50 years. We have office sites in Waterville and Oakland. Annually, we serve over 300 individuals throughout our academic programs, enroll over 1400 community members for enrichment classes, and partner with over 20 community organizations.

“Adult Education is a public education and career pathways system that enables adults to be prepared for post-secondary education and/or employment” (MDOE, 2024).

MMRACE is the go-to resource for adult learners in our vibrant Mid-Maine communities. As part of Maine’s Adult Education network, we’ve been a cornerstone for education for decades, serving Belgrade, China, Oakland, Rome, Sidney, and Waterville. Our commitment is to provide accessible and enriching learning opportunities for those seeking to further their education, develop new skills, and grow personally and professionally.

At MMRACE, we celebrate diversity in learning. Our extensive course selection, ranging from foundational literacy to advanced vocational training, caters to individual needs. Our experienced instructors are dedicated to guiding and supporting you on your educational journey. Come learn with us!

Mission

Our mission is to offer a wide range of programs and courses that cater to the diverse interests and goals of our learners, encompassing academic, vocational, personal enrichment, and life skills development

Vision

We envision a community where individuals can thrive personally and professionally by engaging in meaningful educational experiences that expand their knowledge, skills, and perspectives.



To scan a QR code on a smartphone or tablet, open the Camera app. For iPhone or iPad, point the camera at the QR code; a notification will appear at the top of the screen. Tap it to view the content. On Android, do the same. If the camera app doesn’t support QR code scanning, download a QR code scanner app from the Google Play Store. Once recognized, tap the notification to access the information.

A New Start

“When I arrived in Waterville, I felt a mix of excitement, hope, and uncertainty. This journey for me is about more than just education; it’s about resilience and personal growth.

My family is originally from Burundi, but I was born and raised in a refugee camp in Zimbabwe.

Now, I’m working on earning my U.S high school diploma at [MMRACE]. My dream is to study nursing and become a registered nurse- the first in my family.

This semester, I’m taking classes in English, WorkReady, Digital Literacy, and ESOL Civics.

I am grateful to be here with my family, who have supported me every step of the way. Starting over in a new place has its challenges, but every step brings me closer to my goals.

I look forward to continuing to learn, grow, and one day give back to the community that has welcomed me so kindly.

I have a goal, a plan, and support.”

Angel
Current MMRACE Learner



Watch my story —>

Faculty and Staff



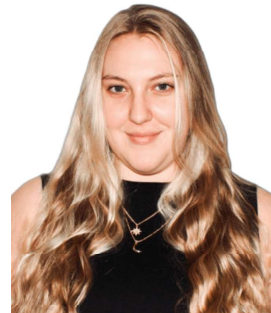
Hannah Bard
Director of Adult Ed



Tekia Cox
Program Coordinator



Linda Davis
Student Coordinator



Sam Jamison
Administrative Assistant



Aqeel Mohialdeen
MLL Community Navigator



Ken Gagnon
Adjunct Instructor



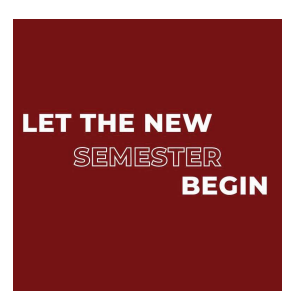
Nancy Hebert
HSC Instructor



Becca Nolon
HiSET® Instructor



Jo Schiebel
ESOL Instructor



Joyce Anderson
Messalonskee Secretary



Keira Veilleux
Evening Secretary (WTVL)



MMRACE Advisory Board

Since July 23, 1984, the Mid-Maine Regional Adult Community Education (MMRACE) Advisory Board has played a crucial role in supporting the educational needs of Belgrade, China, Oakland, Rome, Sidney, and Waterville. The board collaborates with the Director of Adult Education to ensure MMRACE provides affordable, high-quality continuing education for adults in the region. Comprising educators, residents, and school district representatives, the board offers valuable insights and recommendations, aiding the Director in program development and decision-making.

The MMRACE Advisory Board's dedication and contributions have made it a vital resource for adult learners. The Director of Adult Education, serving as the Chairperson, leads the board in regular meetings and collaborative efforts to maintain and enhance the program, ensuring it continues to be a beacon of lifelong learning for Mid-Maine.

CURRENT ADVISORY BOARD MEMBERS:

- Jen Allen — Waterville Public Schools, Assistant Superintendent
- Joyce Anderson — MMRACE Staff, Messalonskee Site
- Hannah Bard — MMRACE Director, Waterville Site
- Carl Gartley — RSU18 Superintendent of Schools
- Cheryl Godfry — RSU18 Former Teacher
- Monica Grady — Kennebec Valley Community Action Program
- Peter Hallen — Waterville Public Schools Superintendent of Schools
- Sara Languet — RSU18 Board of Education
- Kimberly Lindlof — Mid-Maine Chamber of Commerce
- Denise Murray — Waterville General Assistance
- Tammy Rabideau — Waterville Public Library
- Pamela Trinward — Waterville Board of Education
- Susan Tuthill — Vassalboro Community Member
- Earl Watts — Waterville Alternative School

MMRACE PROGRAMS



Adult High School Completion



English for Speakers of Other Languages



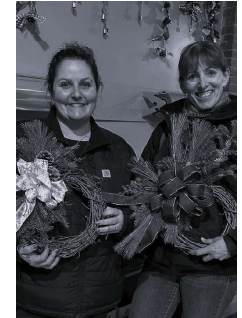
Adult Basic Education



College and Career Access



Workforce Training



Community Enrichment

Get Involved

With Mid-Maine Regional Adult Community Education

You can support adult education and help grow our community! Your support transforms lives and strengthens our community for a brighter future. Here are some ways you can get involved:

- Volunteer with our ESOL Program
- Take a Community Education Course
- Become a Community Education Instructor
- Join Our Academic Programming
- Share Our Programming with Your Community
- Advocate for Adult Education
- Partner with MMRACE for Programming
- Donate to MMRACE and Adult Ed Initiatives

 **Learn** more
to **Earn** more

Get started!

- High School Completion
- Career Certificates and Training
- Literacy Courses

 **MAEA**
Maine Adult Education Association

LEARNER SUPPORTS



Sabryna Reynolds, 2024 Graduate and 2024 Inductee into the National Adult Education Honor Society (May 2024).

NAEHS | National Adult Ed Honor Society

On November 22, 2021, Mid-Maine Regional Adult Community Education started a chapter of the National Adult Education Honor Society. This membership allows adults enrolled in programming at Mid-Maine Adult Education to be eligible to become members of the National Adult Education Honor Society.

The mission of the NAEHS is to provide meaningful recognition to deserving adult education students, to improve student employment opportunities, develop student ambassadors for local adult education programs, and to create adult education awareness with school administrators and state legislators.

Unlike traditional honor societies, the National Adult Education Honor Society's membership eligibility excludes academic achievements and focuses on dependable attendance, a cooperative attitude, and a good work ethic. All adult education students enrolled in the programs, excluding community enrichment, at Mid-Maine Adult Education are eligible for nomination to the NAEHS.

Each NAEHS student member shall receive a signed NAEHS Certificate of Membership, an NAEHS letter of recommendation for employment, an NAEHS letter of recommendation for scholarships or grants to help with future higher education endeavors and an NAEHS pin. Mid-Maine Adult Education holds an induction ceremony each spring. Our Chapter has proudly inducted 16 learners into NAEHS.

Current Members: (2024) Percy Evans, Muna Hassan, Bayan Hamdan, Miranda Prime, Sabryna Reynolds, Raghda Sbat, Paula Veloza-Suarez, (2023) Barbara Beaulieu, Amy Boyce, Travis Boyce, Kelsea Lord, Kolbie Soltow, Luke Quimby, (2022) Hannah McLean, Heather Moore, Jordan Winkley



Services and Supports for All Learners

POST-SECONDARY COUNSELING

Free post-secondary counseling is available to you! Our Academic Student Coordinator will assist you with your career and educational plans following the completion of your adult secondary diploma or the HiSET. All academic learners are required to have a post-secondary planning meeting soon after registration to begin to plan for the next steps.

QUIET LEARNING SPACES

Quiet learning spaces, materials, and support for learners enrolled in distance courses through other local adult education programs. By appointment: 8:00am-4:00pm. Call our office to schedule an appointment or to learn more about how you can utilize our space for your distance learning needs.

INDIVIDUALIZED COURSES

Learners can collaborate with MMRACE staff to create custom plans that meet course requirements and are relevant to their academic and career goals.

VOLUNTEER WITH MMRACE

Our Adult Education Program is launching something new, and we need YOU! We're looking for passionate individuals to serve as mentors, working one-on-one with learners in our ESOL program.

As a mentor, you'll play a vital role in helping learners improve their English skills and navigate new opportunities. Whether it's practicing conversation, offering guidance, or just being a supportive presence, your impact can truly change lives.



KENNEBEC COUNTY RESOURCE MAP

Discover the wealth of resources at your fingertips with the newly launched Kennebec County Resource Map Website created by our partner, Kennebec Neighbors Adult Education. Navigate through a user-friendly interface to explore a comprehensive map highlighting essential local services, educational opportunities, and community support networks. Empower yourself with knowledge about the diverse offerings in Kennebec County, fostering connections and enhancing your overall community experience.



2025 GRADUATION

Celebrating both HiSET® and MMRACE Diploma Graduates



LEARNER HIGHLIGHT

Aboubacar Diakite is from Guinea and has lived in Waterville for one year. He is a current ESOL and High School Diploma learner. He has not only focused on his academics and language acquisition but has spent his time volunteering and helping to make a positive impact in the Waterville community.

Aboubacar plans to earn his diploma and then to become a skilled electrician.

ENROLL TODAY!

Registration begins on Monday, January 13, 2025

Learners may register for HiSET® at any time during the year. Learners must register for Diploma prior to the new Semester. Contact our office at (207) 873-5754 or adulted@watervillek12.org to schedule a registration appointment.



ADULT HIGH SCHOOL COMPLETION PROGRAMS

Offering pathways to a high school credential.

Ready to make a positive change in your life? Now is the perfect moment to pursue that long-desired secondary diploma! Whether you're aiming for personal growth, expanded career opportunities, or a confidence boost, our program is tailored for you. Benefit from flexible schedules, a supportive learning environment with experienced educators, and a comprehensive curriculum that equips you with essential knowledge and skills. Join a vibrant community of achievers, connect with like-minded individuals, and let our dedicated team guide you towards success. Don't postpone your dreams; take the first step toward a brighter future. It's your diploma, your time, and your future—seize it today!

Our Adult High School Completion Programs are free to all Maine Residents 17 and older who are no longer enrolled in school!

Call our office at (207) 873-5754 or email adulted@watervillek12.org to schedule an intake meeting. Our team will guide you through the process and answer any questions you may have. For current high school students, please contact your guidance department for a referral.

Courses Offered for Adult High School Completion

For HiSET® Program	For Diploma Program
Monday HiSET® Tutoring (Day)	English Language Arts EFL 1-3
Monday HiSET® Tutoring (Evening)	English Language Arts EFL 4: Humanities
Wednesday HiSET® Tutoring (Day)	English Language Arts EFL 4-6
Wednesday HiSET® Tutoring (Evening)	Mathematics EFL 1-2
HiSET® Writing/Social Studies Support	Mathematics EFL 3-4
HiSET® Math/Science Support	Financial Literacy
	Science
	Civics Education
	United States History
	Introduction to Microsoft Office

SAVE THE DATE
 Thursday, May 29, 7:00 PM
 MMRACE Waterville Site

www.midmaine.maineadulted.org



Niya Anthony, 2024 HiSET Graduate.



Sanova Chase, 2024 Diploma Graduate.

> HISET® HIGH SCHOOL EQUIVALENCY TESTING AND TUTORING
No cost - Funded through Local, State, Federal Funds

Mid-Maine Regional Adult Community Education offers a flexible HiSET® program to meet your busy life. Our HiSET® program provides individualized academic assistance to help you prepare and take the HiSET®.

Our instructors work at your pace to develop a personal learning plan that works for you. Classes meet Mondays and Wednesdays during the afternoons and evenings to provide a range of options for learners to attend. All HiSET learners have access to goal-planning, college application/enrollment assistance, resume help, job search navigation, and more. Contact our office to learn more and schedule a registration appointment.

To pass and earn your HiSET® credential, all subject tests must be passed individually. Additionally, all five subject test scores must add up to a required composite score to meet full completion requirements and earn your credential.

All tests are multiple-choice with the exception of the Writing test, which has multiple-choice and one essay prompt. Testing accommodations may be available for individuals with documented disabilities.

The HiSET® consists of five(5) subject tests:

1.) Reading
2.) Writing
3.) Social Studies
4.) Science
5.) Mathematics

Placement into this program is done after a learner has completed the pre-assessment (CASAS®) and finished their intake appointment with the Academic Student Coordinator.

> MMRACE ADULT SECONDARY DIPLOMA TRADITIONAL OR PROFICIENCY-BASED
No cost - Funded through Local, State, Federal Funds


The Adult Secondary Diploma program at Mid-Maine Regional Adult Community Education requires learners to earn twenty-two (22) credits in specified subject areas. Our staff and instructors work with you to develop a personal learning plan that works for you. We consider previous credits earned when creating your customized learning plan.

Classes offer small-group sizes and meet during a variety of times throughout the week – day and evening. We offer a variety of academic courses for adult learners to earn credits towards their High School Diploma.

Core requirements for the Adult Secondary Diploma:

English: 4 Credits	Civics/Government: 1 Credit
Math: 3 Credits	Fine Arts: 1 Credit
Science: 2 Credits	Digital Literacy: 1 Credit
Social Studies: 1 Credit	General Electives: 8 Credits
US History: 1 Credit	

Our Academic Student Coordinator will work with you to determine the best schedule and credits for you! Independent studies are available.



Advising Support For All MMRACE Learners
 Our Academic Student Coordinator, Linda Davis, helps all learners at MMRACE build their pathway to success, both during and after completing their program. See post-secondary counseling on page 5.

2025 National Adult Ed Honor Society

Induction Ceremony and Celebration



LEARNER HIGHLIGHT

Pictured above are our two ESOL Civics class earning their certificates of completion.

“Today, we completed the ESOL Civics class. It was a wonderful class and I learned a lot of things about the United States and the government. We learned about the branches of government, the American Revolution and it’s reason. Also, we knew the rights of the United States and the responsibility...We studied about citizenship and what we will be asked when we apply for citizenship.” - Sham Almotlak

ENROLL TODAY!

Registration begins on Monday, January 13, 2025

Learners may register for HiSET® at any time during the year. Learners must register for Diploma prior to the new Semester. Contact our office at (207) 873-5754 or adulted@waterville12.org to schedule a registration appointment.



LITERACY & LANGUAGE PROGRAMS

Offering pathways to building academic skills.

Ready to make a positive change in your life? Now is the perfect moment to enhance your English skills or strengthen your Math and English foundations through our Adult Basic Education (ABE) and English for Speakers of Other Languages (ESOL) programs! Whether you’re aiming for personal growth, expanded career opportunities, or a confidence boost, our programs are tailored for you. Benefit from flexible schedules, a supportive learning environment with experienced educators, and a comprehensive curriculum that equips you with essential knowledge and skills. Join a vibrant community of learners, connect with like-minded individuals, and let our dedicated team guide you towards success. Don’t postpone your dreams; take the first step toward a brighter future. It’s your education, your time, and your future—seize it today!

Our Literacy and Language Programs are free to all Maine Residents 17 and older who are no longer enrolled in school!

Call our office at (207) 873-5754 or email adulted@waterville12.org to schedule an registration meeting. Our team will guide you through the process and answer any questions you have.

Courses Offered for Literacy and Language

ESOL 1: Beginning ESL Literacy

ESOL 2: Low Beginning ESL

ESOL 3: High Beginning ESL

ESOL 4-5: Intermediate ESL

ESOL WorkReady/Digital Literacy

ESOL Civics Education

English Language Arts Educational Functioning Level (EFL) 1-3

Mathematics Educational Functioning Level (EFL) 1-2

Mathematics Educational Functioning Level (EFL) 3-4

Financial Literacy



SAVE THE DATE
 Thursday, May 15, 7:00 PM
 MMRACE Waterville Site

www.midmaine.maineadulted.org



ESOL Civics Trip to Waterville Fire Department (2024)



English class trip to the Waterville Public Library (2023)

> ESOL: ENGLISH FOR SPEAKERS OF OTHER LANGUAGES
No cost - Funded through Local, State, Federal Funds

Whether you're a student preparing for academic success, a professional aiming to excel in an English-speaking workplace, or an individual eager to navigate social interactions with confidence, our ESOL program is designed for you! The ESOL program is structured into multiple levels to accommodate learners at various proficiency levels. You will engage in reading, writing, listening, and speaking skill development to empower you in every aspect of your English communication. Our approach provides opportunities to apply your language skills to real-world scenarios.

Spanish | Español

Si usted es un estudiante que se prepara para el éxito académico, un profesional que aspira a sobresalir en un lugar de trabajo de habla inglesa o una persona ansiosa por navegar las interacciones sociales con confianza, ¡nuestro programa ESOL está diseñado para usted!

French | Français

Que vous soyez un étudiant se préparant à la réussite scolaire, un professionnel souhaitant exceller dans un lieu de travail anglophone ou une personne désireuse de naviguer dans les interactions sociales en toute confiance, notre programme ESOL est conçu pour vous!

Swahili | Kiswahili

Iwe wewe ni mwanafunzi anayejiandaa kwa ajili ya kufaulu kitaaluma, mtaalamu anayetaka kufaulu katika eneo la kazi linalozungumza Kiingereza, au mtu binafsi ambaye ana hamu ya kuvinjari mwingiliano wa kijamii kwa kujiamini, mpango wetu wa ESOL umeundwa kwa ajili yako!

Arabic | عربي

ان كنت طالباً يستعد للحصول على شهادة اكاديمية او ان كنت مهنياً يسعى الى تحسين لغته في محل العمل او ان كنت تطمح إلى خوض محادثات اجتماعية باللغة الانكليزية فإن برنامجنا لتعليم و تحسين اللغة الانكليزية مصمم لك

> ABE: ADULT BASIC EDUCATION BUILDING UP CORE SKILLS
No cost - Funded through Local, State, Federal Funds


Our Adult Basic Education program helps learners who are transitioning out of our ESOL program. Learners may also join our Adult Basic Education program to transition into one of our Adult Secondary Diploma pathways. We also have learners who take our Adult Basic Education courses to keep their skills sharp and connect with community. These courses are primarily English and Math based. Our Team will work with you to find the courses that are best suited for your current needs and your future goals. You may be in our Adult Basic Education program if any of the following apply:

Tutoring: ABE offers tailored support in Math and English, providing the necessary tutoring to help you overcome specific challenges. This individualized attention ensures you master essential skills, paving the way for academic and personal success.

Learning in Community: ABE courses allow you to engage with other adult learners in a supportive environment, fostering a sense of community. This collaborative approach enhances your learning experience, helps build a local support network, and keeps your skills sharp through continuous practice and interaction.

Post-HSD: ABE is suitable if you've already obtained a high school diploma but wish to maintain or improve your Math and English skills for career advancement or personal development.

Community Navigation Support For Multilingual Learners
 Our Multilingual Community Navigator, Aqeel Mohialdeen, helps multilingual learners at MMRACE build their pathway to success, by helping them navigate systems and find connection in the Greater Waterville Community.



KVCC Brighter Futures Day

College exploration tour day for adult learners!



LEARNER HIGHLIGHT

In 2017, Jacob Usher was one of more than two hundred people who applied to Maine-General's Certified Medical Assistant program. He was one of roughly twenty individuals that got selected for the pilot course.

Since graduating the course and working as a CCMA he's experienced an overflowing amount of support from coworkers and management. He's made amazing connections with patients, coworkers, and many different individuals within the community.

Over the years he's happily helped onboard new staff and has gotten positive feedback for his training and teaching skills. When he had the opportunity to help teach the class that started his career, he couldn't pass it up. He's proud to say he now one of the instructors of the very class that started his journey.

COLLEGE, CAREER & WORKFORCE PROGRAMS

Offering pathways to post-secondary success.

Ready to advance your career or pursue further education? The Maine College Career Access (MCCA) Program is a state-funded grant program designed to assist those seeking post-secondary training or enrollment to further their career pathway. We offer a variety of short-term workforce training programs and partner with various employers to help you develop your own pathway! Additionally, we work closely with area colleges to ensure a smooth transition into higher education. If you have a dream and the desire, we have the tools to help you reach your goal. Benefit from our supportive learning environment, experienced educators, and comprehensive resources tailored to your needs. Don't wait to take the next step towards your future—seize this opportunity today!

Most of our College, Career and Workforce programs are free to all Maine residents 17 and older who are no longer enrolled in school. Check our website for more details.

Call our office at (207) 873-5754 or email adulted@watervillek12.org to schedule an registration meeting. Our team will guide you through the process and answer any of your questions.

Courses Offered for College, Career & Workforce

College and Career Advising
Financial Literacy
Mathematics Educational Functioning Level (EFL) 3-4
English Language Arts Educational Functioning Level (EFL) 4: Humanities
English Language Arts Educational Functioning Level (EFL) 4-6
Introduction to Microsoft Office
English for Speakers of Other Languages (ESOL) WorkReady/Digital Literacy

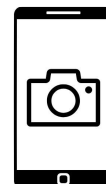
POST-SECONDARY COUNSELING AVAILABLE TO ALL LEARNERS

Free post-secondary counseling is available to you! Our Academic Student Coordinator will assist you with your career and educational plans following the completion of your adult secondary diploma or the HiSET. All academic learners are required to have a post-secondary planning meeting soon after registration to begin to plan for the next steps.

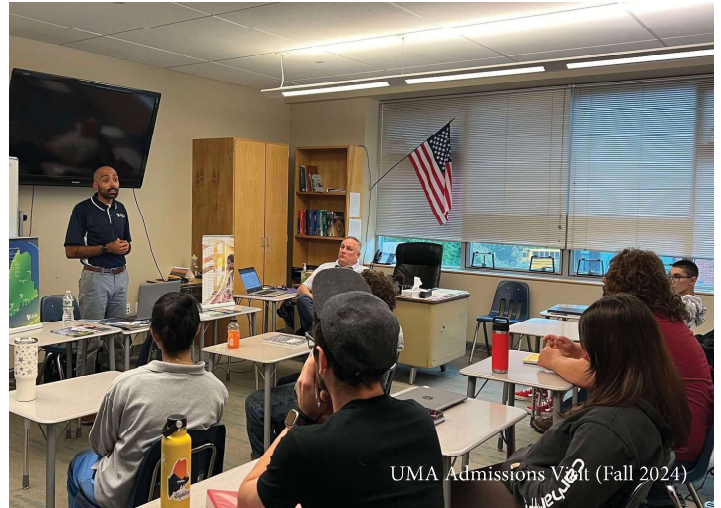
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Learners may register for HiSET® at any time during the year. Learners must register for Diploma prior to the new Semester. Contact our office at (207) 873-5754 or adulted@watervillek12.org to schedule a registration appointment.



SAVE THE DATE
Wednesday, March 19
Fairfield Campus of KVCC
www.kvcc.me.edu



> CAREER PREPARATION
No Cost - Funded Through Local, State, Federal Funds No cost - Funded through Local, State, Federal Funds

> COLLEGE TRANSITIONS TUTORING AND NAVIGATION
No cost - Funded through Local, State, Federal Funds

We understand the importance of a seamless transition into college. That's why we work closely with local colleges, ensuring a smooth pathway for our participants. With personalized support and guidance, we empower you to navigate the complexities of higher education and realize your ambitions. Our commitment doesn't end with your diploma or HiSET completion; we offer free post-secondary counseling to help you chart your course towards academic and career success. From crafting educational plans to exploring career opportunities, our Academic Student Coordinator is here to guide you every step of the way.

Are you eager to unblock your full potential and thrive in today's dynamic workforce? Look no further than our College Transitions program – your gateway to professional success! As a recipient of state funding, MCCA is dedicated to equipping individuals with the skills and knowledge needed to excel in their chosen career paths.

Our program offers a diverse range of short-term workforce training programs meticulously crafted in collaboration with industry leaders, ensuring alignment with the latest market demands.

Learners in this program may work on:

1. choosing a career
2. transitioning from/to a career
3. resume and cover letter support
4. application and interview support

Learners in this program may receive support on:

Financial Aid: Scholarships, FAFSA-Federal Financial Student Aid

Admissions: Application support, college tours

Choice: Support on what college and major are right for you

Navigating: College expectations and systems

Skill Building: Prep courses and tutoring

On Site Support: College Success Coordinator at KVCC

Support: Non-traditional, and first-gen learner support

> WORKFORCE TRAINING
Cost may be associated with specific Workforce Training details are available online, or by contacting our office.

Our Workforce Training Programs are as follows:

Earn-to-Learn Programs

- CCMA: Certified Clinical Medical Assistant with Maine General Health
- Visit www.maine-general.org for more details.

In-House Training Programs

- Bank Teller Training with Center for Financial Training & Education Alliance
- Visit www.midmaine.coursestorm.com for more details.



Adult Ed College Success Coordinator @ KVCC
 College Success Coordinator, Carolyn Haskell, supports adult education learners who are either current or prospective students at KVCC.
 Contact: chaskell@kvcc.me.edu, (207) 453-3502





Categories

16 Creative Arts

20 Culinary Arts

20 Elder Advice

21 Financial Literacy

23 Health, Fitness & Recreation

24 Hobbies & General Enrichment

25 Languages

25 Music & Dance

27 Outdoor Recreation

28 Spirituality

28 Support

28 Technology

Community Enrichment

Courses by the community, for the community.

To our wonderful local community,

I'd like to introduce myself, Samantha (everyone just calls me Sam) Jamison.

I was born and raised in Waterville, I did leave for a few years to go to college down in South Portland where I earned my Associates Degree in Mass Communications / New Media then returned back to my hometown in the fall of 2022. I started my journey with MMRACE in October of 2023 as the Administrative Assistant, and now with the additional new role of Community Enrichment Coordinator, I've found my place in this incredible community.



Floral arranging class with The Robins Nest (Fall 2024).

My goal for the Community Enrichment program is to reach those who have not yet experienced a class and ensure that the ones who do already enjoy our classes, join us every semester for their favorite activities or to try something new!

Please reach out to me if you have an idea for our community enrichment program or if you'd like to become an instructor yourself!

I encourage you to take your time reading through our spring semester offerings for Enrichment and circle the ones you're interested in. Give us a call if you have any questions and then register via our website.

Sam Jamison
sjamison@watervillek12.org

MMRACE COMMUNITY TRIP

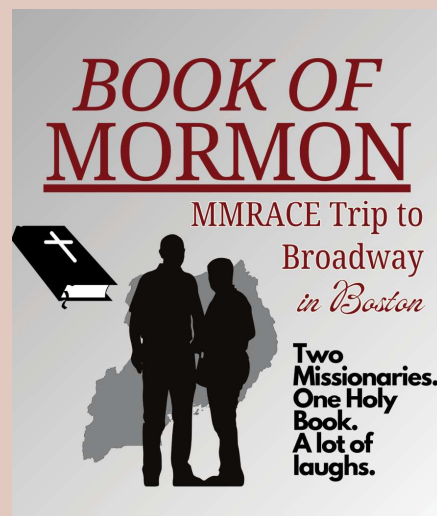
Trip to Boston: Book of Mormon on Broadway

Join us for an unforgettable experience on Saturday, April 26th, 2025, as we embark on a day trip to Boston to see the musical comedy Book of Mormon for the 2:00 pm showing. We've pre-booked the tickets so that we have a great view of this performance.

The all-inclusive ticket price of \$210 covers your admission to the Book of Mormon show, as well as round-trip bus fare for a hassle-free and enjoyable day. The specific itinerary will be sent out within two weeks of the event.

Don't miss out on this opportunity to create lasting memories with friends and loved ones! Reserve your seat now for a day filled with entertainment, good food, and great company!

Saturday, All day | April 26, 2025
With Sam Jamison, MMRACE Enrichment Coordinator
Self-Supporting Registration Fee: \$210



"...a fiendishly well-crafted, hilariously smart song-and-dance extravaganza!" - New York Post

CREATIVE ARTS



Empty Bowls Community Pottery Project. (2024)

CERAMIC ARTS

Empty Bowls Community Pottery Project

FAMILY

In this class you will learn to make and glaze slab bowls. Two bowls will contribute to the supply of bowls for the Empty Bowls Dinner here at Messalonskee High School on March 7 that will help support the Food Pantries in our RSU 18 towns. The other two bowls you may take home to use as gifts or decorations. Dress in working clothes. There is a \$15 materials fee, cash or check only, due to the instructor at the beginning of the first class. The instructor would like to encourage families to join. Young people must be 8 to 17 years old to register and must be accompanied by a paying participating parent or guardian. Limit 12 adult students and 4 young people who are 8 and up. Pottery Pickup: will be Feb 27 from 5:30-6:00 p.m. If we need this as a storm make up, you will be notified by the Adult Ed office when you will be able to pick up your pottery at the office.

Thursday, 5:30 PM-7:30 PM | 3 Week(s) January 30-February 13
Messalonskee High School, Room 113 (Art Room)
With Sherrie Mather
Self-Supporting Registration Fee: \$30 & \$15 Materials Fee

Pottery: Make a Fun Mug

NEW

Join us for this mug-making class and learn how to create a mug and attach a handle the first night. On the second night, March 12, you will paint your mug. You will be able to pick up your artwork at the Adult Ed Office at Messalonskee on or about March 26. There is a \$30 materials fee, cash or check only, due to the instructor on the first night of class. This covers the cost of the clay, glaze, and firing. Storm dates may affect this schedule.

Wednesday, 5:30 PM-8:00 PM | 2 Week(s) February 26 and March 12
Messalonskee High School, Room 127
With Rose Crossman, Rosie's Artistry
Self-Supporting Registration Fee: \$30 & \$30 Materials Fee

Pottery: Make a Clay Fish

NEW

Join us for a fish-making class—which will be ready just in time for a Mother's Day or Father's Day gift and to celebrate Maine's Open Water Fishing season! You will learn how to put the fish together on the first night, then you will paint it on April 16. After the second firing you will be able to pick up your artwork at the Adult Ed office at Messalonskee on or about April 30. There is a \$30 materials fee, cash or check, to the instructor at the start of class to cover the cost of clay, glaze, and firing. Storm dates may affect this schedule.

Wednesday, 5:30 PM-8:00 PM | 2 Week(s) April 2 and April 16
Messalonskee High School, Room 127
With Rose Crossman, Rosie's Artistry
Self-Supporting Registration Fee: \$30 & \$30 Materials Fee

FIBER ARTS



Options for Rug Hooking for Beginners (See details below)

Rug Hooking for Beginners

Would you like to learn the art of North American rug hooking in an easy going, relaxed environment that encourages modern interpretations? You will make one of your choice from the instructor's 6" x 6" patterns. The Messalonskee Site office will be in touch by email prior to class to note your pattern preference (see photo above). The titles of the artwork are Hippie Bus, Maine Mountains, Peace on Earth, and Shaker Heart. The session will include an introduction to hooking including some history of the craft, an overview of styles, how to choose hooking wools and other materials, tools, a few rules, tips and tricks, and getting started on the projects. Finishing instructions will also be demonstrated! There is a \$85 materials fee, cash or check only, due to the instructor at the start of the first class. Materials include: hook, 12" hoop, 6" x 6" pattern hand drawn on high quality rug warp, all wool needed to complete the pattern, printed instructions, ongoing access to the instructor for questions after class. Please bring a bag lunch, as we will break about noon for a short indoor picnic.

Saturday, 10:00 AM-2:00 PM | March 22
Messalonskee High School
With Elizabeth Miller, Parris House Wool Works
Self-Supporting Registration Fee: \$10 & \$85 Materials Fee

Rug Braiding

In this class you will make a 16 X 24" braided rug or table runner. The instructor will supply two pounds of 100% medium weight wool and various braiding tools for you to try during the first class. There is a \$10 materials fee, cash or check only, due to the instructor at the start of the class to purchase your wool. Each package of wool will contain three colors to use for your rug or table runner. If you wish to bring your own wool to class to use, please consider that light or heavy weight wool can create challenges for new rug braiders. The instructor will help you decide what is right for you. At the end of the first night, students may choose to purchase additional supplies from the instructor, shop locally, or through the internet for items that you need and want. Please wait until after the first class before purchasing additional supplies. The first class you will only need to bring sharp fabric scissors, tape measure, and the materials fee mentioned previously. If you are already a rug braider and have a UFO (unfinished object) to work on, please feel free to join this class.

Saturday, 9:30 AM-12:00 PM | 4 Weeks March 1-March 22
Messalonskee High School, Room 127
With Joan Bryson
Self-Supporting Registration Fee: \$50 & \$10 Materials Fee

Crochet for All

Crocheting is fun and easy once you know how. The best part is you can be creative almost anywhere. In this class, beginners will start by working on a small afghan using single, double, and triple crochet stitches, and you will learn how to begin and end. The intermediate students will be practicing the basic stitches. If you know how to crochet and need guidance with a WIP (Work in Progress) bring it and get advice on finishing, improving, or just join us and have fun. A supply list will be sent via email once enough students are signed up for the class.

For the Afghan, you will need 2 skeins of a light colored yarn of your choice and a correlating crochet hook. The size of the crochet hook is found on the label of the yarn. You will also need scissors, measuring tape, and a yarn needle. Please mark your calendar for a storm makeup on Saturday, April 5.

Saturday, 10:00 AM-12:00 PM | 4 Week(s) March 1-March 22
Messalonskee High School, Room 125
With Jo Schiebel
Self-Supporting Registration Fee: \$42, Supply List

Knitting for Beginners

This introductory class will get you started with the basics of knitting. You will learn about straight, double point, and circular needles. You will learn to cast on stitches, the basic knit and purl stitches, and how to read a pattern. There will be several handouts at the beginning of class. The first thing we will make is a basic dishcloth. Then we will move on to a cowl and other projects as time allows. A supply list will be sent to you once there are enough students for a class. Cost will be about \$20 and should be purchased before the first class. Storm makeup will be April 15.

Tuesday, 5:30 PM-7:30 PM | 4 Week(s) March 18-April 8
Messalonskee High School, Room 127
With Audrey McGee, Resilient Embodiment Yoga
Self-Supporting Registration Fee: \$42, Supply List

Needle Felting: Make a Gnome

Come learn the basics of needle felting and make an adorable gnome about 6 inches tall that will fit in the palm of your hand! This course is designed for beginners, and those with needle felting experience are welcome. Fiber color options will be available to choose from, so you can customize your gnome to your liking. There is a \$15 materials fee, cash or check only, due to the instructor at the start of the class. All materials will be provided. Storm make up date will be April 12, please mark your calendar just in case.

Saturday, 9:30 AM-12:30 PM | March 29
Messalonskee High School, Room 119
With Mary Sabins
Self-Supporting Registration Fee: \$20 & \$15 Materials Fee

Twining: An Introduction

NEW

Twining involves twisting two fixable strands called wefts around each other to enclose vertical strands called warps. It's the use of two wefts and twisting them together to enclose the warps that distinguishes twining from normal weaving. To get started with twining we will make a placemat. The first night will be setting up, second night will be trouble shooting and problem solving, then on the last night we will finish up our placemats and take them off the loom. Bring scraps or leftovers cotton or cotton blend fabric that look good together and can be torn into long strips. Looms will be provided at a nominal cost—**TBD**.

Thursday, 6:00 PM-8:30 PM | 3 Week(s) April 3-April 17
Messalonskee High School, Room 127
With Joan Bryson
Self-Supporting Registration Fee: \$40 & **TBD** Materials Fee

Basket Making with Bittersweet Vine

NEW

The so-called "oriental" or round leaf bittersweet is a creeping vine with inedible berries that is considered invasive in North America. It is a frustrating plant for gardeners and arborists, and it isn't very popular with birds either. But in this class we will make a traditional basket from its vines. We will cover identification, responsible collection, processing, and storage. We will cover the basics of stake-and-strand twining, and weaving to create a basket that you will cherish for many years to come.

Saturday, 10:00-3:30 PM | May 3
Messalonskee High School, Room 127
With Zack Rouda, Rewild Maine
Self-Supporting Registration Fee: \$99

PAINT NIGHTS

Barn Quilt Paint Night

NEW

Come join us and unleash your creativity with these beautiful Barn Quilts. Pick out a design and colors and you're ready to create your masterpiece. No prior experience necessary, just be ready to paint a visually stunning piece of art that's rich in history and cultural significance.

Tuesday, 5:30 PM-8:30 PM | April 8
Waterville High School
With Shirley Anderson, Muddy Cove Painting
Self-Supporting Registration Fee: \$55 & \$15 Materials Fee

Great Horned Owl Paint Night

Get ready to unleash your creativity as you bring a magnificent Owl to life on canvas, guided step-by-step by Shirley's expert instruction. Discover the joy of painting while gaining a deeper appreciation for these majestic creatures. Join us for an unforgettable evening of artistry, inspiration, and connection with nature at the Great Horned Owl Paint Night. Beginners welcome and encouraged!

Tuesday, 5:30 PM-8:30 PM | March 4
Waterville High School
With Shirley Anderson, Muddy Cove Painting
Self-Supporting Registration Fee: \$55

Painting in Pastels

In this class, we will explore the medium of pastels to create vibrant and luminous paintings. In addition to learning the techniques of painting in pastel, students will experiment with using expressive color in a variety of subject matter, with a concentration on landscapes. The principles of composition, design, value and color will be integrated in all sessions and the care and framing of pastel paintings will be explained. Beginning and more experienced students are welcome!

Wednesday, 6:00 PM-8:00 PM | 6 Week(s) March 5-April 9
Waterville High School, Room 113
With Ann Rhinehardt
Self-Supporting Registration Fee: \$60

Check our website for more information!

As with all of our courses, the best place to visit for more information is our website, www.midmaine.maineadulted.org!

Additional classes are listed online.

Paint Your Pet

Come join Shirley Anderson for an engaging and beginner-friendly 'Paint your Pet' class! In this workshop budding artists will receive step-by-step guidance to create a beautiful portrait of their beloved furry or feathered companions. No Prior experience is necessary; Shirley welcomes beginners with open arms. Whether you're a seasoned artist or picking up a brush for the first time, this class is a fun and rewarding experience as you immortalize your pet on canvas.

After signing up for this class you will need to email shirl.art5050@gmail.com with 5 good quality photos of your pet.

Tuesday, 5:30 PM-8:30 PM | May 6

Waterville High School

With Shirley Anderson, Muddy Cove painting

Self-Supporting Registration Fee: \$55, Pre-Work Required

Wolf Paint Night

NEW

Get ready to unleash your creativity as you bring a magnificent wolf scene to life on canvas, guided step-by-step by Shirley's expert instruction. Discover the joy of painting while gaining a deeper appreciation for these majestic creatures. Join us for an unforgettable evening of artistry, inspiration, and connection with nature at the Wolf Paint Night. Beginners welcome and encouraged.

Tuesday, 5:30 PM-8:30 PM | March 25

Waterville High School

With Shirley Anderson, Muddy Cove Painting

Self-Supporting Registration Fee: \$55

PHOTOGRAPHY**Comfortable Capture Photography**

Are you a photographer looking to increase your client's comfortability? Are you a frequent picture taker, looking to have better engagement when taking photos with friends & family? We all have our picture taken at one point or another in our lives, and if we're not comfortable in the moment it's taken...that shines through. This class will focus is to increase your comfortability both in front of the camera and while being behind it. Required supplies: a mindset of learning and a camera if you own one, cellphone cameras are okay! Let's create more smiles and better photographs together!

Saturday, 10:00 AM-12:00 PM | May 3

Waterville High School

With Samantha Jamison, S. Jamison Photography

Self-Supporting Registration Fee: \$40

Digital Photography: Small Group Tutorial

FAMILY

Come learn more about both the artistic side--including composition and design--and the technical, such as aperture, shutter speed, loss and non-loss files, downloading to electronic formats, simple editing, and more. We will be outdoors shooting as much as daylight and weather permit. YOU MUST BRING TO EACH CLASS: CAMERA, MEMORY CARDS, CHARGED BATTERIES, ALL CORDS, and MANUAL. If it is rainy weather, please bring your LAPTOP, and if you have it, a memory card reader. Interested students 13-17 may register with a registering and participating parent or guardian.

Tuesday, 5:00 PM-7:00 PM | 6 Week(s) May 6-June 10

Messalonskee High School, Library

With Krir Guyaz

Self-Supporting Registration Fee: \$59, Supply List

Make Your Best Shot: An Introduction to Digital Photography

In this one-night class participants will learn the basics of digital photography: what you should have read in your owner's manual--but didn't! Topics covered include camera settings, understanding exposure and white balance, tips for making your best shots of various subjects. It's a perfect session to attend BEFORE going on a vacation, so you can bring home your very best shots.

Wednesday, 7:00 PM-8:30 PM | April 9

Virtual course offered through Zoom™

With Mike Leonard

Self-Supporting Registration Fee: \$25

Photography After Dark

In this one-night class we will explore all the things you need to know to take successful pictures after the sun sets and before the sun rises. This session reviews exposure, how to shoot images in the dark—including the Milky Way and Aurora—and how to capture your best photo under just moonlight. We will review equipment helpful for nighttime photography, including using a cell phone.

Thursday, 7:00 PM-8:30 PM | April 10

Messalonskee High School

With Mike Leonard

Self-Supporting Registration Fee: \$25

JEWELRY MAKING**Dichroic or Fused Glass Jewelry Making**

In this class you choose--Dichroic Glass or Fused Glass Jewelry: The Dichroic Glass students will make a unique beautiful jewelry set that reflects light by stacking metal oxides together. For the Fused Glass students you will place pieces of glass together to create two sets of pendants, pins, and earrings. View the instructors original art on our website at maineadulted.org. Messalonskee Site Office will notify you when you may come to the office to pick up your finished artwork—target date is May 1.

*Dichroic Glass Students: There is a \$95 materials fee, separate from the registration fee, due to the instructor, check or cash, at the start of class.

*Fused Glass Students: There is a \$50 materials fee, separate from the registration fee, due to the instructor, check or cash, at the start of class.

Thursday, 6:00 PM-9:00 PM | April 10

Messalonskee High School, Room 127

With Carmela Patriotti

Self-Supporting Registration Fee: \$10 & See Materials Fee Details*

Jewelry Making: Tree of Life Pendant / Intermediates

Create a beautiful piece of jewelry for yourself or craft the perfect Mother's Day gift in this hands-on jewelry making experience! We will make a 2-inch copper wire-wrapped Tree of Life Pendant. There will be a \$30 Materials Fee which will cover the cost of the wire and stones and is payable to the instructor (cash or check) at the beginning of class. Once we have enough students for the class you will receive a Supply List via email from the Messalonskee Site Office. Pictures of the jewelry and tools you will need to buy will be on our website.

Thursday, 6:00 PM-9:00 PM | May 1

Messalonskee High School, Room 127

With Jessica Fredette, My Craft Crayze

Self-Supporting Registration Fee: \$20 & \$30 Materials Fee, Supply List

UV Resin Jewelry Making

This hands-on workshop will introduce participants to the art of creating unique jewelry using UV resin. Attendees will learn essential techniques for mixing, coloring, and curing resin to craft custom pendants, earrings, and rings. The class will cover safety protocols, basic design principles, and the use of embellishments like dried flowers, glitter, and pigments to personalize each piece. By the end of the session, participants will leave with several completed jewelry items and the skills to continue crafting on their own. Whether you're a beginner or have some experience, this class offers a fun, creative outlet and the opportunity to create beautiful, one-of-a-kind jewelry.

Materials Provided: Resin, molds, tools, and embellishments

Skill Level: Beginner to Intermediate

Session 1: Saturday, 12:00 PM-2:00 PM | March 1
 Session 2: Saturday, 10:00 AM-12:00 PM | March 29
 Session 3: Saturday, 10:00 AM-12:00 PM | April 5
 Session 4: Saturday, 10:00 AM-12:00 PM | May 3

Waterville High School
 With Becca Nolon, All Sassy Sparkles
 Self-Supporting Registration Fee: \$25 & \$50 Materials Fee

DECORATIVE ART**Fresh Floral Arranging at The Robin's Nest**

Join Robin and her talented design team at The Robin's Nest and design your own fresh floral arrangement! You will design a beautiful fresh floral arrangement to keep or give as a gift. Come prepared to learn some basics of floral design and to have fun. All materials are included in the cost.

Session 1: Thursday, 5:00 PM-6:00 PM | March 13
 Session 2: Thursday, 5:00 PM-6:00 PM | March 20
 Session 3: Thursday, 5:00 PM-6:00 PM | April 10
 Session 4: Thursday, 5:00 PM-6:00 PM | April 24

1 Meeting per class session
 The Robin's Nest, 173 Main St, Waterville
 With Robin Samalus-Getchell and the Robin's Nest Team
 Self-Supporting Registration Fee: \$50

Mixed Media Makerspace**NEW**

This Mixed Media Art Makerspace Enrichment class offers students a dynamic and hands-on opportunity to explore the world of art through a variety of mediums. Participants will engage with techniques such as painting, collage, and alternative art ideas, fostering creativity and innovation. The class is designed to encourage experimentation, allowing students to combine materials like fabric, paper, wood, and found objects to create unique, personalized artworks. With access to a guided makerspace, students will enhance their problem-solving and critical thinking skills while building confidence in their artistic abilities. The class aims to inspire artistic expression, collaboration, and the exploration of new forms of creativity, making it an enriching addition to any curriculum. This course is ideal for students of all skill levels, providing an inclusive environment for artistic growth and discovery.

Session 1: Tuesdays, 5:30 PM-7:00 PM | 4 Week(s) March 4-April 1
 Session 2: Saturdays, 2:30 PM-4:00PM | 4 Week(s) April 5-May 3
 Waterville High School
 With Becca Nolon, All Sassy Sparkles
 Self-Supporting Registration Fee: \$75

Stained Glass: Beginner and Intermediate

In this class Beginner students will learn the step-by-step process of Tiffany's copper foil stained glass design. You will complete a beautiful panel and participate in a field trip on Feb. 20 (during the second class and during school vacation) to the Stained Glass shop in Manchester. By the end of the class you will have gained the fundamental skills to continue a new and beautiful hobby.

*The kit is \$120, and there will be other materials that you will need to purchase, such as glass, which costs about \$40-50. For Intermediate students: You will work independently and under the teacher's watchful eye as you advance your techniques.

* Lab fee for Intermediate students is \$10 payable to the instructor at the start of the first class. If you have been thinking about learning Stained Glass or improving your skill this is your chance! There will be no class on March 20th due to Parent Teacher Conferences. Inclement weather makeup will be April 3 if needed. Limit 10 students.

Thursday, 6:00 PM-8:30 PM | 6 Week(s) February 13-March 27
 Messalonskee High School, Room 127
 With Carmela Patriotti
 Self-Supporting Registration Fee: \$65, See Material Fee Details*

Ukrainian (Pysanka) Egg Decorating**FAMILY**

The Pysanka, a decorated egg, was common among Slavic people as far back as 5,000 BC and was an important spring ritual. When decorating eggs in the Ukrainian style, designs are drawn on the egg with melted beeswax, which flows from a tool called a Kystka. The eggs are then dipped in a series of dyes and the final pattern is revealed when the wax is removed. Please bring reading glasses, if you use them. The instructor would like to encourage young people in this art form. Ages 8 to 16 are welcome to register with their participating parent or guardian. A storm make up will be April 12 from 10 to 12:30. When you register please reserve this time slot just in case of snow or slippery road conditions.

*For a single adult Materials Fee is \$20 and is payable to the instructor cash or check at the start of class. Families will be \$20 per adult plus \$5 per child.

Saturday, 10:00 AM-12:30 PM | March 29
 Messalonskee High School, Cafeteria
 With Lesia Sochor
 Self-Supporting Registration Fee: \$15 & See Materials Fee Details*



MMRACE proudly collaborates with various organizations and individuals to offer adult learning opportunities to our communities. Our primary partner in the Arts is Waterville Creates. We are excited about the following events at Waterville Creates:

Beginner Clay: Tuesdays at Ticonic Gallery
 Community Draw: Monthly at Ticonic Gallery

For more information visit watervillecreates.org



CULINARY ARTS



Bao Down to Flavor: Mastering Char Siu Bao

NEW

In this hands-on cooking class, you'll dive deep into the art of making Chinese Steamed Char Siu Bao, the beloved fluffy buns filled with savory Chinese BBQ pork. Learn the secrets of creating the perfect bao dough from scratch. Jeff will guide you through each step; from mixing and kneading to proofing, ensuring you achieve that perfect pillowy texture. Master the rich and flavorful char siu filling. Discover the blend of spices and techniques that make this BBQ pork so irresistible. Take a culinary journey through history as we explore the legend of how bao were first invented. You'll hear captivating stories that add a cultural dimension to your cooking experience. By the end of the class, you'll not only have a batch of delicious Char Siu Bao to enjoy, but also the skills and knowledge to recreate this traditional treat at home. Whether you're a seasoned cook or a beginner, this class promises to be a fun and educational adventure. Class fee includes a set of traditional Chinese bamboo steamer baskets. Bao contains gluten and soy.

Monday, 5:30 PM-7:30 PM | April 14
Messalonskee High School, Room 125
With Jeff Mao, Knead and Nosh
Self-Supporting Registration Fee: \$94

Culinary Herb Gardening

We will discuss selecting, growing, and harvesting herbs both old and new varieties. The second night we will talk about using culinary herbs in cooking, and we will even get out the cooking pots and pans and make herbal butter, gremolata, and fried garlic. Join us and learn how to make your garden even more beautiful as well as useful with herbs and your kitchen more healthy and aromatic.

Thursday, 6:00 PM-8:30 PM | 2 Week(s) April 10 and April 17
Messalonskee High School, Room 125
With Pat Michaud, Waterville Garden Club
Self-Supporting Registration Fee: \$30

From Flour to Flavor: Crafting Authentic Potstickers

Learn the fundamentals of making Chinese dumplings at home. You will learn to make fresh scratch-made dough, and roll your own wrappers, and how to fold and pleat them using pork filling. We will then water-fry/steam the dumplings to create this restaurant favorite pot sticker dumplings. Additionally, you will learn to make your own ginger-scallion oil and the instructor will talk about other common Chinese condiments used for dipping sauces. All ingredients, materials, equipment and recipes will be provided. Plant-based ground meat can be substituted for the pork upon request. The dumpling wrappers do contain gluten.

Monday, 5:30 PM-7:30 PM | March 10
Messalonskee High School, Room 125
With Jeff Mao, Knead & Nosh
Self-Supporting Registration Fee: \$65

Prosperity and Good Fortune: Chinese Wonton Dumplings

We will make Chinese dumplings with pork filling made from scratch in class. You will learn the multiple styles of folding dumplings using wonton wrappers. Then we will boil the won ton to make a classic wonton soup or chili oil wonton. Additionally, you will learn to make our own Sichuan-style chili oil and learn about other common Chinese condiments used for dipping sauces. All ingredients, materials, equipment and recipes will be provided. Plant-based ground meat can be substituted for the pork upon request. The dumpling wrappers include gluten.

Monday, 5:30 PM-7:30 PM | May 5
Messalonskee High School, Room 125
With Jeff Mao, Knead and Nosh
Self-Supporting Registration Fee: \$65

Preserving the Harvest: Jams and Jellies

Has this long winter made you dream about strawberries and perhaps making some jams or jellies? Well, strawberry season is coming right up, and this hands-on food preservation workshop will teach you the basics steps for both canning and freezing. Participants will receive a Preserving the Harvest food preservation packet and will learn the latest and safest recipes, about equipment to insure safety, and how to check for properly sealed jars. Please bring a potholder with you to the workshop, so you will be able to take home a jar of what we prepare that evening!

Monday, 5:30 PM-8:00 PM | May 19
Messalonskee High School, Room 125
With Deb Barnett, University of Maine Cooperative Extension
Self-Supporting Registration Fee: \$7

ELDER ADVICE

Elder Law, Estate and Long-Term Care Planning for any Age

Designed for anyone seeking more information on long term planning, this class provides a thorough understanding of how to effectively plan for the future, ensuring peace of mind and financial security. Discussion will include the key elements of estate planning (wills and trusts will be discussed), retirement planning, advance directives, various options and strategies to pay for long-term care, and how to pass your assets outside of the probate process. The attorneys will be available after class to answer questions as well.

Session 1: March 5 - Messalonskee High School, Library
Session 2: April 2 - Waterville High School

Wednesday, 6:00 PM-8:00 PM
With Mark and Matthew Nale, Elder Law Offices of John and Mark Nale
Self-Supporting Registration Fee: \$7

Social Security Q & A

This is an educational program for people who are nearing retirement age (55+) who have questions about how Social Security actually works. The 15-minute presentation will help you answer these questions. How does Social Security fit into your retirement income plan? When should you start taking benefits? What about taxes? There will be a question and answer session at the end of the presentation. This class can be made available virtually via Zoom by request.

Tuesday, 6:30 PM-7:30 PM | April 15
Messalonskee High School, Room 208 or Zoom by request
With Rob Smith, Edward Jones
Self-Supporting Registration Fee: \$7

FINANCIAL LITERACY



Photo from Girls that Invest

GENERAL FINANCIAL LITERACY

Putting the Literacy in Financial Literacy: Book Club with FAME NEW

Join FAME's College Savings Counselor, Maire Pelletier, in exploring *Girls That Invest* by Simran Kaur. This course is a great introduction to investing. All experience levels are welcome! {For general education purposes only, and should not be used as legal, tax, or financial advice.}

Book Synopsis: Your step-by-step guide to financial independence—from the creator of the #1 investing education podcast, *Girls That Invest*. Ever wondered how on earth the stock market works, but felt too intimidated to ask “those” questions? This is the book for you! In this guide to investing in stocks (aka shares), Simran Kaur teaches the essential principles you can apply to any market, anywhere in the world. Because money provides the freedom to say yes or no, the freedom to handle whatever life throws at you, and the freedom to grow and prosper. This book is your invitation to join the thriving community of women who are building a better financial future. Investing is for everyone. Pick up *Girls That Invest*, become an investor-in-training, and claim a space for yourself in the world of finance—so you too can find financial independence and create generational wealth.

Students will need to purchase their own copy of the book to participate.

Tuesday, 6:00 PM- 7:00 PM | 9 Week(s) February 4- April 1

Virtual course offered through Zoom™

With Maire Pelletier, College Savings Counselor, FAME

Self-Supporting Registration Fee: Free



Adulthood 101: For the Love of Money

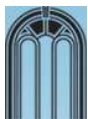
Adulthood is tough. Finances can be one of the trickiest parts of adulthood. Whether you've been Adulthood for decades or are just getting started, banking basics, spending plans, credit scores and budgeting tools are available to make things a little bit easier. Join Steve Kautz, Financial Education Programs Specialist from the Finance Authority of Maine for this 1-hour virtual workshop as we explore fundamental money skills.

Wednesday, 6:30 PM- 7:30 PM | February 12

Virtual course offered through Zoom™

With Steve Kautz, Finance Education Program Specialist, FAME

Self-Supporting Registration Fee: Free



Partners in Literacy for Waterville

MMRACE is proud to be partners with the Waterville Public Library as it is an invaluable community resource, offering an extensive collection of books, movies, music, and more.



WPL provides a wide range of programs and events for all ages. Visit the Waterville Public Library by scanning the QR Code or by visiting their website at www.watervillelibrary.org

Adulthood 102: Money Grows

So, you're on a budget, managing a bank account, and wondering about the next steps in your financial journey. In *Adulthood 102*, we will look at the differences between Investing, and if you are ready to invest, how to get started. Other topics will include protecting your assets (insurance), advanced budgeting, and understanding the role economics plays in our financial life. Join Steve Kautz, Financial Education Programs Specialist from the Finance Authority of Maine for this 1-hour virtual workshop as you take the next steps into adulthood.

Wednesday, 6:30 PM- 7:30 PM | March 19

Virtual course offered through Zoom™

With Steve Kautz, Finance Education Program Specialist, FAME

Self-Supporting Registration Fee: Free

Estate Planning

A properly planned estate strategy gives you control over how to provide for who or what you value most, both in a financial and personal sense, when you are no longer able to do it for yourself. This class can be offered virtually via Zoom by request. Storm makeup will be April 1.

Tuesday, 6:30 PM-7:30 PM | March 25

Messalonskee High School, Room 208 or Zoom by request

With Rob Smith, Edward Jones

Self-Supporting Registration Fee: \$7

Invest for Success

You work hard for your money. Is your money working hard for you? Are you confident in your current investment strategy? Join us to learn about the power of compound interest, managing risk, and strategically investing to reach your goals.

Wednesday, 7:30 PM-9:00 PM | May 14

Messalonskee High School, Room 208

With Sarah Blondin, Primamerica

Self-Supporting Registration Fee: \$7

Finance Your Future FAMILY

Do you want to go to college? Take Driver's Ed? Buy a car? Buy a house? Come learn how to budget for your financial goals and put your money to work for you! Students 13 to 17 must be accompanied by a parent or guardian.

Wednesday, 5:30 PM-7:00 PM | May 14

Messalonskee High School, Room 208

With Sarah Blondin, Primamerica

Self-Supporting Registration Fee: \$7

Foundations of Investing

This class is for those who are new to investing or would like a strategy refresher. We will discuss basic rules of investing--how to develop a plan, how to choose quality investments, how to diversify your portfolio, and most importantly how to invest for the long term, and focus on the things that YOU can control. This class can be offered virtually via Zoom by request. Storm makeup will be March 11.

Tuesday, 6:30 PM-7:30 PM | March 4

Messalonskee High School, Room 208 or Zoom by request

With Rob Smith, Edward Jones

Self-Supporting Registration Fee: \$7

Practical Financial Planning

NEW

Navigating the constant push and pull of America's consumer mindset is a struggle for many people. Credit cards, student debt, fast food, and constant advertisements all create for Americans a life that, most times, is unsustainable for the long-term. This course teaches practical steps to escape the noise of consumerism and set yourself up for a financially sustainable life.

- **Session 1: February 25** - Learn the fastest ways to pay off debt, build an emergency savings fund, and create a realistic budget.
- **Session 2: March 25** - Focus on how to be investing towards retirement, the shortcomings of Social Security, and strategies to protect you and your family from financial risk.
- **Session 3: April 22** - Discuss retirement distribution strategies, estate planning ideas, and tax planning during retirement.

Tuesday, 5:30 PM-7:30 PM

Waterville High School

With William Paradis

Self-Supporting Registration Fee: \$50 per session

COLLEGE-BOUND FINANCIAL LITERACY**Spring Into College Savings: The Alford Grant and Maine's College Savings**

Joining us-- College Savings Superstar Alford Foundation member, Caroline Palmatier. Maine Families have access to two valuable programs to assist with saving and paying for education after high school: the \$500 Alford Grant and Maine's College Savings program. While these initiatives offer great benefits, understanding each of their features can sometimes be challenging. Whether you're a parent, guardian, or student, this session will provide you with information to make the most of these valuable resources. Join us to improve your understanding and take steps towards a successful educational future!

Wednesday, 7:00 PM- 8:00 PM | April 2

Virtual course offered through Zoom™

With Karin Parsons, College Savings Counselor, FAME

Self-Supporting Registration Fee: Free

Successful Scholarship Searches and Applications

Scholarships can go a long way in helping students cover college costs, but being successful in the scholarship application process can take some work. In this session you'll learn to build and work your own scholarship application plan. You'll learn about and try out different scholarship websites, learn how to best use a scholarship information tracker, and learn to avoid some of the challenges of the scholarship process. Students and parents interested in learning about the scholarship process can join Jessica Whittier, College Access Counselor with the Finance Authority of Maine for this 1-hour virtual workshop as we talk scholarships.

Wednesday, 7:00 PM- 8:00 PM | February 26

Virtual course offered through Zoom™

With Jessica Whittier, College Access Counselor, FAME

Self-Supporting Registration Fee: Free

Planning and Paying for College

Do you have children who will be looking at college in the next few years or might you be thinking of returning to school yourself? Now is a great time to start thinking about the college financial aid process and ways to boost college savings. The earlier you start, the more confident and relaxed you will feel when it is time to apply for financial aid. Join Michelle Radley, College Access Counselor with the Finance Authority of Maine for this

1-hour workshop as we talk all things paying for college.

Wednesday, 6:00 PM- 7:00 PM | March 5

Virtual course offered through Zoom™

With Michelle Radley, College Access Counselor, FAME

Self-Supporting Registration Fee: Free

POST-COLLEGE FINANCIAL LITERACY**Student Loan Repayment Strategies and Pro Tips**

There are many different facets to the student loan program that can be powerful in helping you achieve your financial goals but also can be confusing. If you are struggling with your payments, did you know there are several income-based repayment plans as well as deferment or forbearance? Did you know you could get .25% off your interest rate if you sign up for auto-debit on your federal loans? Do you know you can work towards loan forgiveness now if you work for a non-profit, government or tribal agency? Whether you have recently graduated from college or have been repaying your student loans for a long time, join us to learn how to best manage your student loan repayment. Join Nikki Vachon, College Access Counselor from the Finance Authority of Maine as she shares pro-tips and answers questions.

Wednesday, 6:00 PM- 7:00 PM | May 7

Virtual course offered through Zoom™

With Nikki Vachon, College Access Counselor, FAME

Self-Supporting Registration Fee: Free

HOME-BUYER FINANCIAL LITERACY**First Time Home Buyers**

Buying your first house is truly a big deal! In this 8-hour, in person class we will cover everything you need to know about the buying process and owning a home afterwards. You will learn the steps involved in buying, how to set goals, and prepare for homeownership, explore loan products and credit, protect and grow your investment, and how to avoid being ripped off. A Homebuyers Education Certificate can help you access down payment assistance or mortgage products that require HUD-certified homebuyers education—for most organizations it's good for two years. Students can register by contacting KVCAP directly.

Session 1: March 25-March 27

Session 2: May 8-May 10

Tuesday-Thursday, 6:00 PM-9:00 PM

Messalonskee High School, Room 305

With Kimberlee Petrey, KVCAP

Self-Supporting Registration Fee: \$30 on the KVCAP Website*

Buying Your First Home!

Learn about the different loan programs and requirements needed to purchase a home, even with very little money down! Join a Maine mortgage broker and Maine realtor in an informative session!

Session 1: April 14

Session 2: May 14

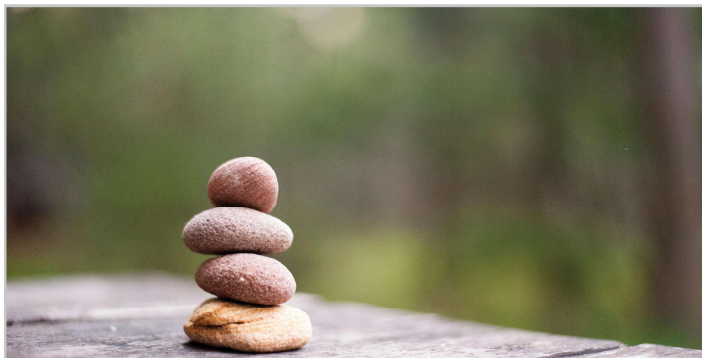
Monday, 5:30 PM-7:30 PM | 1 meeting per session

Waterville High School

With Lindsey Brann, Integrity Homes Real Estate Group

Self-Supporting Registration Fee: \$7

HEALTH, FITNESS, RECREATION



HEALTH

Meditation using Breath, Mantra and Mudra

This meditation practice will be done sitting in chairs and use visualization, breathing, movement and sound to cultivate a meditative state. We will start with a mantra (affirmation) to center ourselves. This will be followed by breathing activities to invite the etheric forces. Then, we will do meditations using chanting mantras from various traditions. We will be using mudras (hand positions) and simple asanas (body positions). Sessions will be facilitated by Burc Oral, Ph.D, an earth scientist, technologist, yoga practitioner, avid kayaker and a constellator. There will be no class April 24.

Thursday, 6:00 PM-6:45 PM | 5 Week(s) April 17-May 22
Waterville High School, Room 240
With Burc Oral
Self-Supporting Registration Fee: \$30

Ten Steps to a Healthier You

Are you and or someone you know interested in improving you and your family's health, saving money at the grocery store, and learning helpful nutrition tips? This class is ten sessions about 15-20 minutes long with interactive videos, print lessons, and worksheets.

Monday, Self-Paced | Start any day, end by May 5
Virtual course offered through Zoom™
With Deb Barnett, University of Maine Cooperative Extension
Self-Supporting Registration Fee: Free

Kennebec County Resource Map

Discover the wealth of resources at your fingertips with the newly launched Kennebec County Resource Map Website created by our partner, Kennebec Neighbors Adult Education.

Navigate through a user-friendly interface to explore a growing list highlighting essential local services, educational opportunities, and community support networks. Empower yourself with knowledge



about the diverse offerings in Kennebec County, fostering connections and enhancing your overall community experience.

www.winthropschools.org/kennebeccountyresourceemap

Qigong

This ancient Chinese exercise uses the life force energy (qi), found all around us in the natural world, to help increase health and vitality. In ancient times illness and disease were thought to be caused by blockages in the energy pathways of the body called meridians. We will learn some Qigong forms and movements that increase our life force energy (qi) clear the meridians, improve our health, and connect us to nature. All levels of physical ability are welcome. Wear clothing that allows you to move freely. For this class you may choose to attend any 6 classes between April 16 and June 4.

Wednesday, 9:00 AM-10:00 AM | April 16-June 4
School Street Yoga, 5 School Street, Waterville, ME
With Audrey McGee, Resilient Embodiment Yoga
Self-Supporting Registration Fee: \$60

FITNESS

Gentle Yoga via Zoom

This class will be a gentle yoga practice, performed at a slow pace, with forms that are adaptable to all body shapes and abilities. A strong emphasis will be placed on stretching, with some seated forms and low impact movements. We will practice some meditations, breath work, and relaxation techniques. A great class for beginners and all levels of yoga experience are welcome. Presented via Zoom, with a recording provided for up to a week if you need to be out. There will be class during school vacation on April 21.

Monday, 4:30 PM-5:30 PM | 5 Week(s) April 7-May 5
Virtual course offered through Zoom™
With Audrey McGee, Resilient Embodiment Yoga
Self-Supporting Registration Fee: \$50

Martial Arts for Midlife

Mid-life is the perfect time to reconnect with yourself, try something new and exercise in ways that support coordination, strength, flexibility and mental fortitude. In this series, learn about Goju Ryu Karate, a form of functional martial arts training, that involves basic techniques, self-defense patterns and breath work. Have fun and feel empowered. No experience necessary.

Monday, 6:15 PM-7:20 PM | 4 Week(s) February 3-February 24
Carson Center, 23 Leighton Road, Augusta, ME
With Hollie Webb, Martial Arts Institute
Self-Supporting Registration Fee: \$55

Tai Chi for Health and Balance

Tai Chi for Health and Balance is an enjoyable exercise that can improve balance, relieve pain, and improve health and ability to do things. It is a slow exercise. It is easy to learn and good for all ability levels. The essential principles of Tai Chi include mind and body integration, fluid movements, controlled breathing and mental concentration. Tai Chi is one of the most effective exercises for the health of mind and body. It helps people to relax and feel better. Book and DVD available for purchase upon request. There will be no class on April 22 and 25. Storm make up/s will be May 13 and 16 if needed.

Tuesday and Friday, 5:30 PM-6:30 PM | 9 Week(s) March 4-May 9
Messalonskee High School
With Monica Hawk, Spectrum Generations
Self-Supporting Registration Fee: \$30

RECREATION

Pickleball for Beginners

Have you tried Pickleball yet? It is fun, social, and a great exercise sport. You will learn the forehand, backhand, serve, volley, and overhead strokes in a fun and supportive environment. It's nice for friends to join together, or join and make new friends. Bring a pickleball paddle if you have one, or there will be a few to borrow during class time.

Sunday, 9:00 AM-10:30 AM | 6 Week(s) April 27-June 8
Messalonskee High School, Pickle Ball Court
With Jim Hutchison
Self-Supporting Registration Fee: \$70

Pickleball for Intermediates

This class is for 3.0 to 3.5 Pickleball players who wish to become smarter, more skillful doubles players and for those gearing up for tournament play.

Sunday, 10:30 AM-12:00 PM | 6 Week(s) April 27-June 8
Messalonskee High School, Pickle Ball Court
With Jim Hutchison
Self-Supporting Registration Fee: \$70

Advanced Pickleball: Skills and Drills

Prerequisite for this class: You must have taken Jim's Pickleball for Intermediate class previously or have permission from the instructor. In the Advanced Skills and Drills class, you will practice with the idea of refining your skills to improve your game.

Sunday, 1:00 PM- 3:00 PM | 6 Week(s) April 27- June 8
Messalonskee High School, Pickle Ball Court
With Jim Hutchison
Self-Supporting Registration Fee: \$85

NOTE: For all Pickleball classes:

Please wear proper footwear-- the instructor recommends either court or tennis shoes and preferably pickleball shoes. Rain makeup will be Saturdays at the normal class time and depending on the forecast for Sunday we may meet a day early on Saturday. The instructor will be in contact regularly about any changes to the class meeting time and day. There will be no Pickleball on May 25.

HOBBIES & GENERAL

A Writer's Workshop

Do you want to improve your writing skills for work? Write a poem to your beloved or finish that family memoir? Or maybe you have considered writing a script? If so, come join us for this 6-week writer's workshop where we will explore a variety of writing genres. In this session, we will be taking some time to address the concepts of Time and Place in our stories, poems, and plays. More specifically, how do they impact the scenes that unfold and the images we create, in both our earliest, developing rough drafts and in our more polished, almost-final revisions?

Wednesday, 7:00 PM-8:30 PM | 6 Week(s) March 5-April 9
Waterville High School
With Kristin Leonard
Self-Supporting Registration Fee: \$55

Best Clothing and Makeup for Your Complexion

Is your closet full of black-colored clothing? Would you like to learn what other colors look good on you? In this fun interactive class, you'll be draped in a variety of colors to learn about warmer and cooler tones to determine what types of colors look best on you. You'll also receive recommendations for eye shadows, blush and lipsticks, along with sunglasses colors and jewelry metals to flatter your coloring!

Tuesday, 5:30 PM-8:00 PM | April 29
Messalonskee High School, Room 119
With Candace Sanborn, Radiant Image
Self-Supporting Registration Fee: \$25

Dog Training Basics

This is a beginner dog training class and is designed for the young and not so young. We work in small groups with several trainers assisting. The first night will be an Orientation & Information night held on Monday, April 7 at the Fairfield Community Center for the two-legged family member/s only. (Please only one human registration per dog, however 2 humans may attend with one dog.) You will get a helpful manual and many issues will be discussed including behavior concerns, the commands taught such as walking on a loose leash, stay and come exercises as well as other techniques. The following four classes will include dogs and owners and will be held at the Fairfield Community Center from 6:00-7:00 p.m. All dogs will need to be on a leash at all times, and NO dogs will be allowed if they are aggressive. When you register online, the Adult Education Office will send you a packet that you need to print, read, sign, and bring it to class with you.

Please bring proof of vaccinations, \$125 material fee payable to the instructor (cash or check), and your completed packet to orientation night.

Monday, 6:00 PM-7:00 PM | 4 Week(s) April 7-May 5
Fairfield Community Center, 61 Water St., Fairfield
With Donna Whitney, Tailwaggers Dog Training
Self-Supporting Registration Fee: \$10 & \$125 Material Fee

Dress the Best for Your Figure

Learn simple techniques to create the illusion of a slimmer body or more curves! Discover how to wear color, clothing styles and embellishments to trick the eye into seeing something different on the body than is really there, such as slimmer hips, a flatter stomach, more curves, or a taller, leaner figure. Bring a pen/notepad.

Thursday, 5:30 PM-7:30 PM | May 22
Messalonskee High School, Room 119
With Candace Sanborn, Radiant Image
Self-Supporting Registration Fee: \$25

Maine Driving Dynamics

This five-hour program covers crash prevention for drivers of all ages and is cosponsored by the Maine Bureau of Highway Safety. Those completing the course will receive a three-point reduction on their driver's license. It is a 5 hour class split into two sections of 2.5 hours on Tuesday + Thursday. Participants must attend both classes to earn the certificate of completion and point reduction.

Tuesday + Thursday, 6:00 PM-8:30 PM | March 25-March 27
Waterville High School, Media Center
With Chantel Plummer or Renee Bernard, Maine Bureau of Highway Safety
Self-Supporting Registration Fee: \$72

So the Kids Want a Pony!

FAMILY

Are you thinking of adding a horse or pony to your family? Before you TOTALLY refuse your wonderful loving family or make such a major commitment, there are many things to consider. Join us to learn about what it takes to care for a horse or pony for feed, space, housing, good health and wellness, pasture pals, and the various grasses and diseases. We will also discuss equine behavior, anatomy, and physiology. We encourage families to join this class. This is a parent/child class for children between 8-16 years old. Registration fee covers 1 adult and 1 child.

Tuesday, 5:30 PM-7:30 PM | May 6
Messalonskee High School, Room 119
With Jacki Perkins, Livestock Specialist, MOFGA
Self-Supporting Registration Fee: \$19

LANGUAGES

American Sign Language Beginning Level I

This is an introductory American Sign Language course. Students will be introduced to basic signs, as well as, Deaf Culture.

Thursday, 5:30 PM-7:30 PM | 6 Week(s) February 27-April 3
Waterville High School
With Paula Michaud
Self-Supporting Registration Fee: \$75

American Sign Language: Emergency Signs

This is an continuous / introductory American Sign Language course focused on Emergency Signs. Students will be introduced to emergency signs, as well as part of Deaf Culture.

Thursday, 5:30 PM-7:30 PM | 6 Week(s) April 17-May 22
Waterville High School
With Paula Michaud
Self-Supporting Registration Fee: \$75

Arabic for Americans - Level 1

Discover the beauty of Arabic in our engaging "Arabic for Americans" course! Immerse yourself in this rich culture and language -- building essential communication skills. From basic greetings to everyday conversations, learn to navigate Arabic with confidence. Our instructor will guide you through pronunciation, vocabulary, and cultural nuances. A supply list will be provided with your registration confirmation email.

Monday, 5:30 PM-7:30 PM | 6 Week(s) February 24-March 31
Waterville High School
With Aqeel Mohialdeen
Self-Supporting Registration Fee: \$29

Arabic for Americans - Level 2

Discover the beauty of Arabic in our engaging "Arabic for Americans" course! Immerse yourself in this rich culture and language -- building essential communication skills. The continuation from Level 1. Learn to navigate Arabic with confidence. Our instructor will guide you through pronunciation, vocabulary, and cultural nuances. A supply list will be provided with your registration confirmation email.

Monday, 5:30 PM-7:30 PM | 6 Week(s) April 7-May 19
Waterville High School
With Aqeel Mohialdeen
Self-Supporting Registration Fee: \$29

MUSIC & DANCE

Guitar for Fun

In this class you will learn the basic chords and scales. By the end of the 6-week class you will be able to play songs for your own entertainment or to entertain others. You will need a guitar, Hal Leonard Guitar Lesson Book 1 (cost about \$10) and a 3-ring binder for our class notes. However, please do not buy until you hear from the office. Bring songs that you know or want to learn and bring extra copies for other.

Wednesday, 6:00 PM-7:30 PM | 6 Week(s) April 30-June 4
Messalonskee High School, Room 127
With David Deas
Self-Supporting Registration Fee: \$65

Instant Guitar for Hopelessly Busy People: Online

FAMILY

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Registration fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture/demonstration. For ages 13+.

Tuesday, 6:30 PM-9:00 PM | 1 Week(s) April 8
Virtual course offered through Zoom™
With Craig Coffman, Chords are Key
Self-Supporting Registration Fee: \$65

Instant Piano for Hopelessly Busy People

FAMILY

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration. Ages 13+

Monday, 6:30 PM-9:00 PM | 1 Week(s) April 7
Virtual course offered through Zoom™
With Craig Coffman, Chords are Key
Self-Supporting Registration Fee: \$65

Line Dancing

We have been moving to the music since the beginning of time. Line Dancing is a great way to keep the beat. No partner required. From beginners to intermediate line dancing steps look complicated, but they're really easy to master. It is great exercise too! You will be strutting your stuff in no time at all. Join us for a fun night out! There will be no class on April 22nd due to school vacation. Storm make up date will be May 20.

Tuesday, 6:00 PM-7:30 PM | 8 Week(s) March 18-May 13
Gym at Belgrade Central School: 158 Depot Road Belgrade, ME
With Joanne Parker
Self-Supporting Registration Fee: \$49

ELM CITY MUSIC SCHOOL

FAMILY



Private Lessons

- | | |
|---------------------|----------------|
| Acoustic Guitar | Piano |
| Bassoon | Saxophone |
| Cello | String Bass |
| Clarinet | Trombone |
| Drum Set/Percussion | Trumpet |
| Electric Guitar | Tuba |
| Flute | Ukulele |
| French Horn | Viola & Violin |
| Oboe | Voice |

Elm City Music School offers 30, 45, or 60 minute lessons.

Elm City Community Music School is a place-based hub that provides opportunities for music making and progressive skill development for people of all ages and abilities in the greater Waterville area.



Classes

- Community Sing
- Rock Band (Beginner and Advanced)
- Swiftly Strummers - Taylor Swift on Ukulele
- DIY Recording
- Rhythm Rockers: Exploring the Joy of Music (Ages 5-8)
- Wee Violin



ELM CITY COMMUNITY
MUSIC SCHOOL

Elm City Community Music School is excited to move to the Playhouse at Railroad Square in January 2025. This facility offers teaching studios and collaboration with our partner Fulton Street Media Group.

For more information, please scan the QR Code or visit the website www.elmcitymusic.org



A Year of Growth and Community Impact

Director, Hannah Bard, speaking at the 2nd Annual Community Dinner.



As 2024 draws to a close, MMRACE is reflecting on a year marked by significant achievements and community engagement. With a continued focus on fostering connections both within the program and in the broader Waterville area, MMRACE has made great strides in supporting adult learners and building strong partnerships.

This year, 28 graduates celebrated their successful completion of the high school program, while four cohorts graduated from the Certified Clinical Medical Assistant training we have with Maine General. In addition, MMRACE provided support to over 60 multilingual learners, helping them navigate the challenges of language and education.

In its commitment to community, MMRACE has strengthened partnerships with several local organizations, including Waterville Creates, the Waterville Public Library, and Colby College among others. These collaborations have created opportunities for learners to engage in local events and the arts, such as through the Together and Welcoming Our Ancestors Project,

which allowed participants to contribute to Waterville's vibrant cultural scene. One of the highlights of the year was the second annual MMRACE dinner, held as a potluck at the Children's Discovery Museum. The event brought together members of the community for an evening of food, fun, and connection—complete with a few impromptu interviews with the kids in attendance.

On an individual level, MMRACE has witnessed tremendous success stories. Learners have overcome obstacles and achieved their personal educational goals, and the program's director, Hannah Bard was recognized as Administrator of the Year for Maine Adult Education—a well-deserved honor.

As 2024 comes to a close, MMRACE celebrates the incredible progress made this year. The program continues to take pride in the achievements of its learners, the strength of its community, and the deep impact it has on Waterville and beyond.

Come learn with us.

OUTDOOR RECREATION



Beekeeping for Beginners

This Beekeeping for Beginner course will help get you started in BEES and BEEKEEPING. Topics of discussion will be Langstroth Bee Hives, assembling bee equipment, installing a nuc, feeding the bees, controlling swarming, and dealing with varroa mites. Other topics will be how and when to harvest HONEY, split hives, winterize the bees, and importantly how to minimize lifting. There is a \$55 materials fee, cash or check only, due to the instructor at the start of the first class. This fee covers the cost of the book, use of the Turner Poulin Union Hall, and membership for one year in the Somerset Beekeepers Club. Assignment of a mentor will be available. Limit 25 students.

Wednesday, 6:00 PM-8:30 PM | 5 Meetings on Feb. 12, 19, Thurs., Feb 27, then Wed., March 5 and 12

Instructor: Kevin McFadden of Somerset Beekeepers
Poulin Turner Union Hall, 653 US-201, Skowhegan, ME
Self-Supporting Registration Fee: \$7

Explore Messalonskee Lake by Kayak

Messalonskee Lake and Stream are wonderful natural resources of the mid-Maine region and offer numerous recreational and conservation activities. If you have always wanted to learn to kayak and explore the lake's ecology, this class will offer a free kayak lesson and will provide all equipment needed. You will also learn about the flora and fauna of the lake and stream followed by a kayak paddle near shore to find various specimens. Prerequisite: know the basics of how to swim, but we will be staying close to shore. Please wear water shoes; a bathing suit or shorts, sunglasses or polarized glasses, sunscreen, and hat are also helpful and appropriate. Be prepared with extra clothes just in case you get wet. Must be 17 to register. If needed, a rain date will be announced.

Session 1: Monday, 10:00 AM-12:00 PM | July 21
Session 2: Monday, 10:00 AM-12:00 PM | August 11
Maine State Boat Launch, Old Rt 27, Belgrade, ME
With Friends of Messalonskee Lake
Self-Supporting Registration Fee: \$7

How to Cast a Fly Rod

Learn fundamentals of casting from a Fly Fishers International Certified Casting Instructor. Beginners to advanced casters welcome. You will learn on a one-to-one basis how to make the basic cast, a roll cast, line management, casting in wind, aerial mends and other useful casting techniques. Special Instructions: This class will be held OUTDOORS. Bring a 4-7 wt. fly rod with

a floating line. Also bring a hat and sunglasses to protect head and eyes. Instructor will provide a leader and practice fly to attach to your fly line. First class will meet in classroom before going outside to field.

Session 1: May 5-May 7
Session 2: May 19-May 21

Mon-Tues-Wed, 5:30 PM-7:30 PM
Waterville High School
With Mary C Ostrowski
Self-Supporting Registration Fee: \$50

Tour of Messalonskee Lake

FAMILY

This is a beautiful three-hour educational, and ecological tour to the farthest reaches of Messalonskee Lake aboard the Snowdrifter II- a 25' Godfrey Sanpan Limited Edition Luxury Cruiser. You will see firsthand invasive milfoil as it passes alongside the boat just inches below the lake surface; learn about statewide eradication efforts all while enjoying the natural beauty of Messalonskee Lake. Search for Sandhill Cranes and endangered Least Bittern and Black Tern as we travel through the 1300-acre emergent wetland known as the Messalonskee Lake Marsh. The North American Bald Eagles may make their presence known, and you will learn about the history of the area and the lake. Captain Gary is a Registered Maine Guide and licensed commercial boat operator. Rain date will be announced later if needed. This is a handicap accessible boat for normal-size wheelchairs. Students must be at least 10 years old and accompanied by a parent or guardian if between ages 10 and 17. Bathrooms available on shore, if necessary.

Session 1: Friday, 10:00 AM-1:00 PM | July 11
Session 2: Friday, 10:00 AM-1:00 PM | August 1
Meet Captain Bennet at 97 Rocky Shore Lane, Oakland, ME
With Gary Bennett, Snow Pond Cruises
Self-Supporting Registration Fee: \$39

Worm Composting for Beginners — Support Global Warming!

This class teaches you how to use worm composting to recycle your kitchen scraps into worm castings and sets you up with a worm bin with worms to take home.

Tuesday, 6:00 PM-8:00 PM | 1 Week(s) March 25
Waterville High School
With Jock Robie, Mainely Worm Bins
Self-Supporting Registration Fee: \$7

Worm Composting - Alumni Nights

A reconvened evening for the second session from the Beginners class that happened. The worm bin is harvested and set up for another 3 to 4 month "harvest cycle".

For the November 7, 2024 Class
Thursday, 6:00 PM-8:00 PM | March 20

For the March 25, 2025 Class
Thursday, 6:00 PM-8:00 PM | May 22

Waterville High School, Room 124
With Jock Robie, Mainely Worm Bins
Self-Supporting Registration Fee: Free

Check our website for more information!

As with all of our courses, the best place to visit for more information is our website, www.midmaine.maineadulted.org!

SPIRITUALITY

Talking Tarot

Each 2-hour class will practice symbolic interpretation of the Tarot cards as reflections of the living, changing patterns of their lives, using the Rider-Waite-Smith Tarot deck. Week One will provide an explanation of the Jungian perspective on signs and symbols, viewing Tarot as a set of dynamic and personalized messages. Study of Tarot 's symbolic foundation will begin that week, as well, with examples from both the Major and the Minor Arcana of how shared symbol structures often reveal totally different messages. This will be illustrated by the triangular structure often seen in the Major Arcana, and by the divine gift symbolism of the four Aces. In the nine remaining weeks, the rest of the 78 cards will be viewed, with a different category of symbols highlighted each week. Categories will include humanity, plants and animals, the natural environment and weather symbols, and actions within the images.

Tuesday, 6:30 PM-8:30 PM | 8 Week(s) February 25-April 29
Waterville High School
With Kathy Eckert
Self-Supporting Registration Fee: \$100

Spiritual Healing Constellations

We all wish to have happy moments. We want to love and be loved. We want to build long lasting and trusting relationships. Yet, issues and challenges arise in our lives. Undesired happenings invade us. Unwanted thoughts and feelings start to dominate our being. Our mental and emotional fields become stressed, and even traumatized, and our physical being suffers. All this also impacts our family, work, business, and community.

This class focuses on a phenomenological approach to healing based on teachings by Bert Hellinger and Ron Young. Each session will start with a short meditation using visualization, breathing and sound to center the participants. We will do multiple healing constellation sessions to allow the participants experience healing at the spiritual, mental, emotional and finally in the physical realms. Sessions will be facilitated by Burc Oral, Ph.D, an earth scientist, technologist, yoga practitioner, avid kayaker and a constellator. There will be no class on April 24.

Thursday, 7:00 PM-8:00 PM | 5 Week(s) April 17-May 22
Waterville High School, Room 240
With Burc Oral
Self-Supporting Registration Fee: \$30

SUPPORT

Building Better Caregivers with Spectrum Generations

This class covers a variety of topics, including self-care, methods to improve caregiver's health and dealing with difficult emotions, managing difficult care partner behaviors, planning for the future, finding resources, improving communication skills with family and friends, family meetings, communicating with health professionals, and health care systems, action planning, problem-solving, and decision-making.

Wednesday, 5:00 PM-7:30 PM | 6 Week(s) April 2-May 7
Virtual course offered through Zoom™
With Monica Hawk, Spectrum Generations
Self-Supporting Registration Fee: Free

Volunteer Leader Informational Session with Spectrum Generations

We will discuss volunteer opportunities available through Spectrum Generations in your community and how you can become a part of it. We will discuss who Spectrum Generations is and what we do, or Evidence Based programs, leader training opportunity, practices, and benefits of volunteering. Bring you questions and ideas.

Monday, 5:30 PM- 6:30 PM | Monthly, February 10, March 10, April 14, May 12
Virtual course offered through Zoom™
With Monica Hawk, Spectrum Generations
Self-Supporting Registration Fee: Free

TECHNOLOGY

Cell Phone Tech 101 - Individualized Lesson

Do you get tired of asking others to help you do simple tasks on your cell phone? Do people ask you to do basic tasks on your device but end up doing it for you? Registering for this class grants you a 45-minute, in-person, no judgement, 1-on-1 lesson to help you feel more at ease with your technology! In this 45 minute private lesson, we will review your device, help you feel confident with the basics, and work on any specifics that you'd like! Requirements: your device, a charger, a manual (if available). Please choose the session (day) that works best for you. The instructor will contact you after registration to discuss the available time slots with you.

Wednesday, 5:00 PM-7:00 PM | 1-on-1 Sessions between March 12-May 7
Waterville High School, Room 031
With Samantha Jamison
Self-Supporting Registration Fee: \$20

Computer Programming Basics Using Python

In this nine-week class participants will learn the fundamentals of computer programming using the Python language. This course is for the complete beginner or someone with slight exposure to programming. Mr. Greer brings a wealth of experience, having worked in IT since 2004. Students will need either a PC or Mac desktop or laptop computer (no Chromebooks) and a reliable internet connection. Class will be held during school vacation, February 18.

Tuesday, 5:00 PM-6:30 PM | 9 Week(s) February 11-April 8
Virtual course offered through Zoom™
With Dan Greer
Self-Supporting Registration Fee: \$65

Intermediate Programming Using Python

Join our experience Python programming instructor as he takes you beyond the basics where you will build upon the fundamentals with topics like data structures, intermediate control structures, how to practice coding effectively, and module importation. Problem solving using previously learned fundamentals will be emphasized along with new instructional material. The typical prerequisite is Programming Basics Using Python, but those with adequate experience should feel free to register as well. Students will need either a PC or Mac desktop or laptop computer (no Chromebooks) and a reliable internet connection. Class will be held during school vacation, February 20.

Thursday, 5:00 PM-6:30 PM | 8 Week(s) February 13-April 10
Virtual course offered through Zoom™
With Dan Greer
Self-Supporting Registration Fee: \$65

GENERAL INFORMATION

Frequently Asked Questions

Registration Details

Online Registration:

Visit our website at midmaine.maineadulted.org to access our course offerings and to register with a major credit card. You may also call our Waterville office at (207) 873-5754 to register over phone.

Mail-In Registrations:

For Messalonskee courses make checks payable to RSU #18 and mail to: Adult Education (RSU18) 131 Messalonskee High Drive, Oakland, Maine 04963

For Waterville courses make checks payable to MMRACE and mail to: Mid-Maine Regional Adult Community Education, One Brooklyn Avenue, Waterville, Maine 04901 (P28/29).

Walk-In Registration:

Walk-ins to our Messalonskee and Waterville offices are welcome during our office hours.(P3)

MMRACE

Mid-Maine Regional Adult Community Education

Come Learn With Us!

Policy Details

Age Policy:

The minimum age for adult education enrichment courses is 17 years unless otherwise noted in the course description. For courses marked with **FAMILY** please make sure to review the age and guardian requirements for each individual course.

Refund Policy:

Refunds will be given:

- If the course you register for is canceled, we will refund your full registration fee.
- If the course you register for is filled when we receive your registration, we will refund your full registration fee.
- If you notify us 24 hours prior to the first class, we will refund your registration fee unless stated otherwise in the course description.

Refunds will not be given:

Once a course begins, no refunds will be issued for that class. Please allow 2-4 weeks for refunds to be processed. Trips have a separate refund policy.

Communication Details

Course Communication:

All course communication will happen over email. This includes confirmation of registration, class cancellation, and class details.

Weather Cancellation:

If Waterville Public Schools/RSU 18 Schools are canceled or have an early release due to inclement weather, our classes are canceled. If a storm develops during the afternoon please check our website midmaine.maineadulted.org, our Facebook page, or call our offices at (207) 873-5754 (Waterville) or 465-9134 (Messalonskee) for cancellation information. A decision will be made by 3:00 PM if classes will run. When Adult Education classes are canceled because of the weather (or instructor illness), your instructor will schedule make-up classes.

Wait List:

If a class is full you may chose to be placed on a wait list. Please do not come to class unless you have been contacted to do so. All wait lists are handled on a "first come- first serve" basis and each class is filled in the order people were placed on the waiting list. Our office will contact you once a space becomes available.

CALENDAR OF IMPORTANT DATES

JANUARY

January 13, 2025: Registration for all classes opens
January 21, 2025: MLK Jr Day - Closed
January 28, 2025: District PD Workshop - Closed

FEBRUARY

February 17-21, 2025: Vacation - Closed

APRIL

April 21-25 2025: Vacation - Closed

MAY

May 15, 2025: NAEHS Ceremony
May 22, 2025: Last day of academic and enrichment classes
May 26, 2025: Memorial Day - Closed
May 27, 2025: Graduation Rehearsal Practice (6 PM)
May 29, 2025: Graduation (7 PM)

JUNE

June 16 - August 10, 2025: Summer break - Closed

For more event details and information about closures, follow our facebook page at facebook.com/mmrace/.

KENNEBEC HUB 5 ADULT & COMMUNITY EDUCATION

AUGUSTA | KENNEBEC NEIGHBORS | MARANACOOK | MID-MAINE REGIONAL

At MMRACE we are connected to a plethora of resources with partners all over the state and locally. Our primary partners are our Hub 5 Partners located in Kennebec county. "Beginning in 2018, the state office established nine adult education and career development areas that are aligned with the boundaries of the three local workforce boards. This was done to encourage innovation and maximize efficiencies and resources amongst the local adult education providers within these geographic areas."



Mid-Maine Regional Adult Community Education

01 Brooklyn Avenue, Waterville, ME 04901
(207) 873-5754 | midmaine.maineadulted.org



Augusta Adult and Community Education

22 Armory Street, North Wing, Augusta, ME 04330
(207) 626-2470 | augusta.maineadulted.org



Kennebec Neighbors Adult Education

40 West Hill Road, Gardiner, ME 04345
(207) 582-377 | kennebecneighbors.maineadulted.org



Maranacook Adult and Community Education

2250 Millard Harrison Drive, Readfield, ME 04355
(207) 685-4923 x 1009 | maranacook.maineadulted.org

WATERVILLE COURSE REGISTRATION

Waterville Course Index

Book of Mormon Trip.....15	Planning and Paying for College.....22
Barn Quilt Paint Night.....17	Student Loan Repayment Strategies.....22
Great Horned Owl Paint Night.....17	Buying Your First Home.....22
Painting in Pastels.....17	Meditation using Breath, Mantra and Mudra..23
Paint Your Pet.....18	Maine Driving Dynamics.....24
Wolf Paint Night.....18	American Sign Language Beginning Level I....25
Comfortable Capture Photography.....18	American Sign Language: Emergency Signs.....25
UV Resin Jewelry Making.....18	Arabic for Americans - Level 1.....25
Mixed Media Makerspace.....19	Arabic for Americans - Level 2.....25
Fresh Floral Arranging at The Robin's Nest.....19	Elm City Music School Info.....26
Putting the Literacy in Financial Literacy.....21	Worm Composting for Beginners.....27
Adulting 101: For the Love of Money.....21	Worm Composting - Alumni Nights.....27
Adulting 102: Money Grows.....21	How to Cast a Fly Rod.....27
Practical Financial Planning.....22	Talking Tarot.....28
Spring Into College Savings.....22	Spiritual Healing Constellations.....28
Successful Scholarship Searches.....22	



ENRICHMENT SUPPORT STAFF
 Our Waterville site has two primary staff members that support the Community Enrichment program. Sam Jamison is our Community Enrichment Coordinator and Keira Veilleux is our evening secretary.

For questions about the Community Enrichment courses offered through our Waterville site email: adulted@watervillek12.org



REGISTRATION FOR ACADEMIC PROGRAMS

Registration begins on Monday, January 13, 2025. Learners may register for HiSET® at any time during the year. Learners must register for other programs prior to the new semester. Contact our office by calling (207) 873-5754 or emailing adulted@watervillek12.org to schedule a registration appointment.

Mail-In Registration Details

Thank you for taking the time to explore our adult education catalog. We appreciate your interest in our programs. To register, please visit our website at www.midmaine.maineadulted.org. If you need support or have any questions about registration, please contact our office at (207) 873-5754 or email adulted@watervillek12.org. You can also register through mail, by completing the form below.

*If you decide to register by mail, please be sure that your check is written out to the correct site (See the Course Index above to verify). MMRACE has a first-come, first-served policy when registering for a class. Mailed registrations may not secure a spot in enrichment classes if the class fills up through online or in-person registration before your mailed form reaches our office. Note: Please be sure to note the correct site (Messalonskee or Waterville) when writing a check to include with a mail-in registration. **Please familiarize yourself with our refund policy on page 27.



For Waterville courses (make checks payable to: MMRACE)

Mail to: Mid-Maine Regional Adult Community Education, One Brooklyn Avenue, Waterville, Maine 04901

Email: _____ Method of Payment: (Circle One) Check Cash

Name: _____ DOB: ____/____/____ Date: ____/____/____

Mailing Address: _____ City: _____ Zip: _____

Telephone (Home): _____ (Cell): _____

For Credit Card payment, visit our website at midmaine.maineadulted.org or call our Waterville office at 207-873-5754.

<u>COURSE NAME</u>	<u>START DATE</u>	<u>FEE</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

MESSALONSKEE COURSE REGISTRATION

Messalonskee Course Index

Empty Bowls Community Supper Project.....16	Estate Planning.....21	Explore Messalonskee Lake by Kayak.....27
Pottery: Make a Fun Mug.....16	Invest for Success.....21	Building Better Caregivers.....28
Pottery: Make a Clay Fish.....16	Finance Your Future.....21	Volunteer Leader Informational Session.....28
Rug Hooking for Beginners.....16	Foundations of Investing.....21	Computer Programming Basics.....28
Rug Braiding.....16	First Time Home Buyers.....22	Intermediate Programming.....28
Crochet for All.....16	QiGong.....23	
Knitting for Beginners.....17	Gentle Yoga via Zoom.....23	
Needle Felting: Make a Gnome.....17	Martial Arts for Midlife.....23	
Twining: An Introduction.....17	Tai Chi for Health and Balance.....23	
Basket Making with Bittersweet Vine.....17	Ten Steps to a Healthier You.....23	
Digital Photography: Small Group Tutorial.....18	Pickleball for Beginners.....24	
Make Your Best Shot.....18	Pickleball for Intermediates.....24	
Photography After Dark.....18	Pickleball: Advanced Skills and Drills.....24	
Dichroic or Fused Glass Jewelry Making.....18	A Writer's Workshop.....24	
Jewelry Making: Tree of Life Pendant.....18	Best Clothing and Makeup.....24	
Stained Glass.....19	Dog Training Basics.....24	
Ukrainian (Pysanka) Egg Decorating.....19	Dress the Best for Your Figure.....24	
Bao Down to Flavor: Mastering Char Siu Boa..20	So the Kids Want a Pony!.....25	
Culinary Herb Gardening.....20	Guitar for Fun.....25	
Crafting Authentic Potstickers.....20	Instant Guitar.....25	
Chinese Wonton Dumplings.....20	Instant Piano.....25	
Preserving the Harvest: Jams and Jellies.....20	Line Dancing.....25	
Elder Law, Estate and Long-Term Care.....20	Beekeeping for Beginners.....27	
Social Security Q & A.....20	Tour of Messalonskee Lake.....27	



ENRICHMENT SUPPORT STAFF
 For all Community Enrichment courses at Messalonskee, please contact our Site Secretary, Joyce Anderson, at janderson@rsu18.org.

She is our dedicated staff member managing the program at this location.

Mail-In Registration Details

Thank you for taking the time to explore our adult education catalog. We appreciate your interest in our programs. To register, please visit our website at www.midmaine.maineadulted.org. If you need support or have any questions about registration, please contact our office at (207) 465-9134 or email janderson@rsu18.org. You can also register through mail, by completing the form below.

*If you decide to register by mail, please be sure that your check is written out to the correct site (See the Course Index above to verify). MMFACE has a first-come, first-served policy when registering for a class. Mailed registrations may not secure a spot in enrichment classes if the class fills up through online or in-person registration before your mailed form reaches our office. Note: Please be sure to note the correct site (Messalonskee or Waterville) when writing a check to include with a mail-in registration. **Please familiarize yourself with our refund policy on page 27.

For Messalonskee courses (make checks payable to: RSU #18)

Mail to: Adult Education (RSU 18), 131 Messalonskee High Drive, Oakland, Maine 04963

Email: _____ Method of Payment: (Circle One) Check Cash

Name: _____ DOB: ____ / ____ / ____ Date: ____ / ____ / ____

Mailing Address: _____ City: _____ Zip: _____

Telephone (Home): _____ (Cell): _____

For Credit Card payment, visit our website at midmaine.maineadulted.org or call our Waterville office at 207-873-5754.

<u>COURSE NAME</u>	<u>START DATE</u>	<u>FEE</u>
_____	_____	_____
_____	_____	_____
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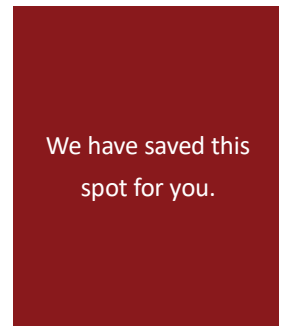
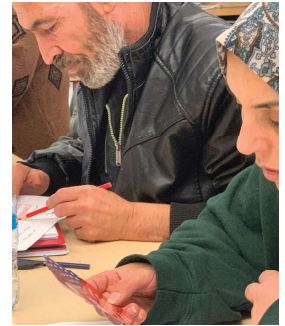
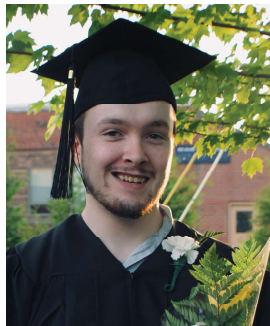
MMRACE Mid-Maine Regional Adult Community Education

A PROUD MEMBER OF MAINE ADULT EDUCATION ASSOCIATION

Come Learn With Us!



Scan the QR Code to Take Classes.



MMRACE is one of Maine's 60+ Adult Education centers. Located in Northern Kennebec county in the city of Waterville, MMRACE serves over 1,200 learners (inclusive of our Community Education Program) every year.

For general inquires, email adulted@watervillek12.org.

MMRACE Waterville Office Academics and Enrichment

Phone: (207) 873-5754

Fax: (207) 873-7052

Office Hours: Mon-Thu, 8:00am-4:00pm, Fri by appointment

Evening Hours: Mon-Thu, 5:00-8:30pm

Location: 01 Brooklyn Ave. Waterville, ME 04901

MMRACE Messalonskee Office Enrichment Only

Phone: (207) 465-9134

Fax: (207) 465-9151

Evening Hours: Mon-Thu, 5:00-9:00pm

Location: 131 Messalonskee High Dr. Oakland, ME 04963

